

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

## 2. Uitslag Dames 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	84 Bente Moller	DN1	17	O	43.17		
	28 Esther Withagen	DN1	18	O	43.17		
3	2 Annick van der Woude	DN4	18	I	44.52		
4	62 Lieve Bunt	DA2	17	I	44.91		
5	76 Tess ten Dolle	DN2	16	O	45.72		
6	73 Alessandra Primavera	DSA	15	I	46.56		
7	53 Anne Schermer	DN2	14	O	48.05	PR	
8	47 Hiltje Gerritsma	DSA	15	O	48.24	PR	
9	1 Quirine Krommendijk	DN3	14	I	48.66		
10	56 Sonia Schipper	DSA	12	O	48.68	PR	
11	58 Eeke Weenink	DN1	13	O	48.70		
12	82 Aniek Hesselink	DN2	11	O	49.03		
13	38 Amélie Coremans	DN3	10	O	49.27		
14	34 Marleen de Boer	DN3	16	I	49.93		
15	71 Rosanne van der Post	DSA	13	I	50.24		
16	94 Robin Geesken	DSA	9	I	52.34		
17	25 Marijke de Jong	DN3	10	I	52.89		
18	19 Geanne Stol	DN1	11	I	53.51		
19	8 Paulien Abma	DN3	8	O	53.57		
20	70 Reinate Bathoorn	DN4	12	I	53.76		
21	80 Saline Verkerk	DN4	9	O	54.39		
22	75 Iris van Duinen	DSA	5	O	55.20	PR	
23	29 Leonie Jelsma	DSA	7	I	55.46	PR	
24	35 Juliana Bruil	DSA	7	O	55.92		
25	74 Lisa Elzinga	DSA	8	I	57.25		
26	77 Edmee Witmer	DN3	3	I	58.45	PR	
27	40 Marianne Westerhof	DSA	5	I	1:01.10		
28	43 Nynke Anjema	DSA	1	I	1:01.47		
29	55 Danique Hoervers	DN4	4	I	1:02.89	PR	
30	63 Feline Waardenburg	DSA	4	O	1:04.78	PR	
31	10 Annabel Rodewijk	DN1	3	O	1:05.38		
32	23 Celine van der Vinne	DSA	6	I	1:08.50		
33	45 Marith Wijtenhorst	DN2	6	O	1:09.24	FL	
34	91 Emma Janssen	DN1	19	I	1:18.93	PR	
35	17 Leonie Nijs	DSA	2	O	1:33.85	FL	

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		Naam		Cat		PR		Tijd	Info
1	wt	43	<b>Nynke Anjema</b>		DSA			1:01.47	
	rd								
		<b>Nynke Anjema</b>							
		100m	15.62	(15.62)			m		
		500m	1:01.47	(45.85)					

		Naam		Cat		PR		Tijd	Info
2	gl								
	bl	17	<b>Leonie Nijs</b>		DSA			1:33.85	FL
		<b>Leonie Nijs</b>							
		m					100m	20.03	(20.03)
							500m	1:33.85	(73.82)

		Naam		Cat		PR		Tijd	Info
3	wt	77	<b>Edmee Witmer</b>		DN3			1:01.24	58.45 PR
	rd	10	<b>Annabel Rodewijk</b>		DN1			1:03.56	1:05.38
		<b>Edmee Witmer</b>							
		100m	14.49	(14.49)			100m	15.80	(15.80)
		500m	58.45	(43.96)			500m	1:05.38	(49.58)

		Naam		Cat		PR		Tijd	Info
4	gl	55	<b>Danique HoEVERS</b>		DN4			1:04.08	1:02.89 PR
	bl	63	<b>Feline Waardenburg</b>		DSA			1:06.59	1:04.78 PR
		<b>Danique HoEVERS</b>							
		100m	15.05	(15.05)			100m	15.49	(15.49)
		500m	1:02.89	(47.84)			500m	1:04.78	(49.29)

		Naam		Cat		PR		Tijd	Info
5	wt	40	<b>Marianne Westerhof</b>		DSA			59.53	1:01.10
	rd	75	<b>Iris van Duinen</b>		DSA			55.52	55.20 PR
		<b>Marianne Westerhof</b>							
		100m	15.65	(15.65)			100m	14.23	(14.23)
		500m	1:01.10	(45.45)			500m	55.20	(40.97)

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		Naam		Cat		PR		Tijd	Info
6	gl	23	<b>Celine van der Vinne</b>		DSA			1:03.40	1:08.50
	bl	45	<b>Marith Wijtenhorst</b>		DN2			1:02.60	1:09.24 FL
		<b>Celine van der Vinne</b>			<b>Marith Wijtenhorst</b>				
		100m	16.30	(16.30)	100m	15.13	(15.13)		
		500m	1:08.50	(52.20)	500m	1:09.24	(54.11)		

		Naam		Cat		PR		Tijd	Info
7	wt	29	<b>Leonie Jelsma</b>		DSA			55.47	55.46 PR
	rd	35	<b>Juliana Bruil</b>		DSA			54.85	55.92
		<b>Leonie Jelsma</b>			<b>Juliana Bruil</b>				
		100m	14.24	(14.24)	100m	14.75	(14.75)		
		500m	55.46	(41.22)	500m	55.92	(41.17)		

		Naam		Cat		PR		Tijd	Info
8	gl	74	<b>Lisa Elzinga</b>		DSA			54.78	57.25
	bl	8	<b>Paulien Abma</b>		DN3			50.87	53.57
		<b>Lisa Elzinga</b>			<b>Paulien Abma</b>				
		100m	15.35	(15.35)	100m	14.09	(14.09)		
		500m	57.25	(41.90)	500m	53.57	(39.48)		

		Naam		Cat		PR		Tijd	Info
9	wt	94	<b>Robin Geesken</b>		DSA			51.99	52.34
	rd	80	<b>Saline Verkerk</b>		DN4			50.93	54.39
		<b>Robin Geesken</b>			<b>Saline Verkerk</b>				
		100m	13.93	(13.93)	100m	14.81	(14.81)		
		500m	52.34	(38.41)	500m	54.39	(39.58)		

		Naam		Cat		PR		Tijd	Info
10	gl	25	<b>Marijke de Jong</b>		DN3			51.00	52.89
	bl	38	<b>Amélie Coremans</b>		DN3			48.22	49.27
		<b>Marijke de Jong</b>			<b>Amélie Coremans</b>				
		100m	13.88	(13.88)	100m	13.50	(13.50)		
		500m	52.89	(39.01)	500m	49.27	(35.77)		

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		Naam		Cat		PR		Tijd	Info
11	wt	19	<b>Geanne Stol</b>		DN1			50.84	53.51
	rd	82	<b>Aniek Hesselink</b>		DN2			47.51	49.03
		<b>Geanne Stol</b>			<b>Aniek Hesselink</b>				
		100m	14.62	(14.62)	100m	13.27	(13.27)		
		500m	53.51	(38.89)	500m	49.03	(35.76)		

		Naam		Cat		PR		Tijd	Info
12	gl	70	<b>Reinate Bathoorn</b>		DN4			50.87	53.76
	bl	56	<b>Sonia Schipper</b>		DSA			49.16	48.68 PR
		<b>Reinate Bathoorn</b>			<b>Sonia Schipper</b>				
		100m	14.10	(14.10)	100m	13.16	(13.16)		
		500m	53.76	(39.66)	500m	48.68	(35.52)		

		Naam		Cat		PR		Tijd	Info
13	wt	71	<b>Rosanne van der Post</b>		DSA			49.15	50.24
	rd	58	<b>Eeke Weenink</b>		DN1			45.43	48.70
		<b>Rosanne van der Post</b>			<b>Eeke Weenink</b>				
		100m	13.49	(13.49)	100m	13.28	(13.28)		
		500m	50.24	(36.75)	500m	48.70	(35.42)		

		Naam		Cat		PR		Tijd	Info
14	gl	1	<b>Quirine Krommendijk</b>		DN3			47.41	48.66
	bl	53	<b>Anne Schermer</b>		DN2			49.00	48.05 PR
		<b>Quirine Krommendijk</b>			<b>Anne Schermer</b>				
		100m	12.94	(12.94)	100m	12.83	(12.83)		
		500m	48.66	(35.72)	500m	48.05	(35.22)		

		Naam		Cat		PR		Tijd	Info
15	wt	73	<b>Alessandra Primavera</b>		DSA			45.10	46.56
	rd	47	<b>Hiltje Gerritsma</b>		DSA			48.26	48.24 PR
		<b>Alessandra Primavera</b>			<b>Hiltje Gerritsma</b>				
		100m	12.74	(12.74)	100m	13.40	(13.40)		
		500m	46.56	(33.82)	500m	48.24	(34.84)		

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		Naam		Cat		PR		Tijd	Info
16	gl	34	<b>Marleen de Boer</b>		DN3		48.39	49.93	
	bl	76	<b>Tess ten Dolle</b>		DN2		44.42	45.72	
		<b>Marleen de Boer</b>			<b>Tess ten Dolle</b>				
		100m	13.52	(13.52)	100m	12.44	(12.44)		
		500m	49.93	(36.41)	500m	45.72	(33.28)		

		Naam		Cat		PR		Tijd	Info
17	wt	62	<b>Lieve Bunt</b>		DA2		43.24	44.91	
	rd	84	<b>Bente Moller</b>		DN1		42.98	43.17	
		<b>Lieve Bunt</b>			<b>Bente Moller</b>				
		100m	12.10	(12.10)	100m	11.94	(11.94)		
		500m	44.91	(32.81)	500m	43.17	(31.23)		

		Naam		Cat		PR		Tijd	Info
18	gl	2	<b>Annick van der Woude</b>		DN4		43.94	44.52	
	bl	28	<b>Esther Withagen</b>		DN1		41.95	43.17	
		<b>Annick van der Woude</b>			<b>Esther Withagen</b>				
		100m	12.22	(12.22)	100m	11.69	(11.69)		
		500m	44.52	(32.30)	500m	43.17	(31.48)		

		Naam		Cat		PR		Tijd	Info
19	wt	91	<b>Emma Janssen</b>		DN1		1:20.19	1:18.93	PR
	rd								
		<b>Emma Janssen</b>							
		100m	19.82	(19.82)	m				
		500m	1:18.93	(59.11)					

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## 3. Uitslag Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	72 Colin Schrijver	HSA	41	O	38.96		
2	49 Danny Heijkoop	HN4	39	O	39.28		
3	85 Wester Landman	HN3	41	I	39.57		
4	66 Donald Stappenbelt	HN2	42	I	39.83		
5	90 Jens Klootwijk	HN2	40	I	40.09		
6	30 Thomas Selles	HN3	40	O	40.32		
7	64 Udo van der Wier	HN2	38	I	40.46		
8	15 Arthur Zijlstra	HN3	38	O	40.54	PR	
9	16 Florian Meijer	HSA	37	I	40.75		
10	68 Lasse Hiddink	HSA	42	O	40.83		
11	14 Daan Voorhoeve	HSA	36	I	41.13		
12	57 Daniël Kooyman	HSA	35	I	41.26		
13	88 Mark Withagen	HN1	39	I	41.33		
14	65 Bram ten Berge	HA2	35	O	41.54		
15	83 Tjibbe Moller	HA1	36	O	41.69		
16	6 Peter van Buiten	HSA	33	I	41.98	PR	
17	4 Loek Hendriksen	HN4	34	O	42.16		
18	18 Stan Krewinkel	HSA	31	O	42.26		
19	81 Rens Hiddink	HN3	37	O	42.76		
20	44 Yoran Nijenhuis	HSA	33	O	42.90		
21	2 Fedor van der Laan	HSA	32	I	43.27		
22	1 Arthur Knibbe	HSA	34	I	43.38		
23	20 Sybe Weening	HN4	31	I	44.67		
24	78 Thijs Buisman	HN1	29	I	44.71		
25	48 Harmen Nanninga	HSA	29	O	44.79	PR	
26	9 Colin Koenderink	HN2	30	I	45.43	PR	
27	12 Menno Brink	HSA	28	O	45.75	PR	
28	79 Jelmer de Hoop	HN4	30	O	45.83	PR	
29	61 Jesper Kussendrager	HSA	28	I	46.47	PR	
30	31 Sytse Veersma	HSA	25	O	46.56	PR	
31	26 Ewout Vos	HN3	27	O	46.96	PR	
32	54 Dirk Grimm	HSA	32	O	47.22		
33	86 Luc Dekker	HN4	27	I	47.57		
34	1 Lars Huiting	HN3	26	I	47.62		
35	42 Sven Paternotte	HSA	23	I	47.80	PR	
36	22 Cas Smeets	HSA	21	O	48.88	PR	
37	13 Floris Naber	HSA	26	O	49.85		
38	11 Hasin Ayari	HN3	24	O	50.76		

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Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	67 Mats Verlaak	HSA	24	I	51.35		
40	39 Zevus Janssen	HSA	21	I	51.89	PR	
41	51 Teun Zwanenburg	HN1	22	I	52.07	PR	
42	59 Stan Rolfes	HN3	23	O	52.17		
43	33 Jelte van der Zwaag	HN2	20	I	52.25	PR	
44	89 Jelmer Venema	HN3	22	O	54.25	PR	
45	36 Thomas Hanhart	HSA	25	I	56.32		
46	92 Bernard den Boogert	HN1	19	I	56.86		
47	27 Rense Uitenbroek	HSA	20	O	59.53		
48	93 Joost Adams	HSA	19	O	1:00.09	PR	

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## 3. Rituitslag Heren 500 meter

		Naam		Cat		PR		Tijd	Info
19	wt	92	<b>Bernard den Boogert</b>		HN1			56.86	
	rd	93	<b>Joost Adams</b>		HSA	1:00.26		1:00.09	PR
		<b>Bernard den Boogert</b>			<b>Joost Adams</b>				
		100m	13.84	(13.84)	100m	14.70	(14.70)		
		500m	56.86	(43.02)	500m	1:00.09	(45.39)		

		Naam		Cat		PR		Tijd	Info
20	gl	33	<b>Jelte van der Zwaag</b>		HN2	52.30		52.25	PR
	bl	27	<b>Rense Uitenbroek</b>		HSA	58.78		59.53	
		<b>Jelte van der Zwaag</b>			<b>Rense Uitenbroek</b>				
		100m	14.08	(14.08)	100m	15.15	(15.15)		
		500m	52.25	(38.17)	500m	59.53	(44.38)		

		Naam		Cat		PR		Tijd	Info
21	wt	39	<b>Zevus Janssen</b>		HSA	52.11		51.89	PR
	rd	22	<b>Cas Smeets</b>		HSA	50.91		48.88	PR
		<b>Zevus Janssen</b>			<b>Cas Smeets</b>				
		100m	13.06	(13.06)	100m	12.66	(12.66)		
		500m	51.89	(38.83)	500m	48.88	(36.22)		

		Naam		Cat		PR		Tijd	Info
22	gl	51	<b>Teun Zwanenburg</b>		HN1	54.26		52.07	PR
	bl	89	<b>Jelmer Venema</b>		HN3	54.38		54.25	PR
		<b>Teun Zwanenburg</b>			<b>Jelmer Venema</b>				
		100m	13.61	(13.61)	100m	14.48	(14.48)		
		500m	52.07	(38.46)	500m	54.25	(39.77)		

		Naam		Cat		PR		Tijd	Info
23	wt	42	<b>Sven Paternotte</b>		HSA	48.45		47.80	PR
	rd	59	<b>Stan Rolfes</b>		HN3	51.63		52.17	
		<b>Sven Paternotte</b>			<b>Stan Rolfes</b>				
		100m	12.97	(12.97)	100m	13.99	(13.99)		
		500m	47.80	(34.83)	500m	52.17	(38.18)		

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		Naam			Cat	PR	Tijd	Info
24	gl	67	<b>Mats Verlaak</b>		HSA	50.08	51.35	
	bl	11	<b>Hasin Ayari</b>		HN3	49.12	50.76	
		<b>Mats Verlaak</b>			<b>Hasin Ayari</b>			
		100m	13.56	(13.56)	100m	12.86	(12.86)	
		500m	51.35	(37.79)	500m	50.76	(37.90)	

		Naam			Cat	PR	Tijd	Info
25	wt	36	<b>Thomas Hanhart</b>		HSA	51.16	56.32	
	rd	31	<b>Sytse Veersma</b>		HSA	47.80	46.56	PR
		<b>Thomas Hanhart</b>			<b>Sytse Veersma</b>			
		100m	13.93	(13.93)	100m	12.37	(12.37)	
		500m	56.32	(42.39)	500m	46.56	(34.19)	

		Naam			Cat	PR	Tijd	Info
26	gl	1	<b>Lars Huiting</b>		HN3	47.53	47.62	
	bl	13	<b>Floris Naber</b>		HSA	49.67	49.85	
		<b>Lars Huiting</b>			<b>Floris Naber</b>			
		100m	12.84	(12.84)	100m	13.75	(13.75)	
		500m	47.62	(34.78)	500m	49.85	(36.10)	

		Naam			Cat	PR	Tijd	Info
27	wt	86	<b>Luc Dekker</b>		HN4	47.00	47.57	
	rd	26	<b>Ewout Vos</b>		HN3	47.44	46.96	PR
		<b>Luc Dekker</b>			<b>Ewout Vos</b>			
		100m	12.68	(12.68)	100m	12.54	(12.54)	
		500m	47.57	(34.89)	500m	46.96	(34.42)	

		Naam			Cat	PR	Tijd	Info
28	gl	61	<b>Jesper Kussendrager</b>		HSA	46.62	46.47	PR
	bl	12	<b>Menno Brink</b>		HSA	46.85	45.75	PR
		<b>Jesper Kussendrager</b>			<b>Menno Brink</b>			
		100m	12.62	(12.62)	100m	12.66	(12.66)	
		500m	46.47	(33.85)	500m	45.75	(33.09)	

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		Naam			Cat	PR	Tijd	Info
29	wt	78	<b>Thijs Buisman</b>		HN1	43.26	44.71	
	rd	48	<b>Harmen Nanninga</b>		HSA	46.12	44.79	PR
		<b>Thijs Buisman</b>			<b>Harmen Nanninga</b>			
		100m	11.87	(11.87)	100m	12.36	(12.36)	
		500m	44.71	(32.84)	500m	44.79	(32.43)	
		Naam			Cat	PR	Tijd	Info
30	gl	9	<b>Colin Koenderink</b>		HN2	45.98	45.43	PR
	bl	79	<b>Jelmer de Hoop</b>		HN4	46.34	45.83	PR
		<b>Colin Koenderink</b>			<b>Jelmer de Hoop</b>			
		100m	11.95	(11.95)	100m	12.12	(12.12)	
		500m	45.43	(33.48)	500m	45.83	(33.71)	
		Naam			Cat	PR	Tijd	Info
31	wt	20	<b>Sybe Weening</b>		HN4	43.68	44.67	
	rd	18	<b>Stan Krewinkel</b>		HSA	41.80	42.26	
		<b>Sybe Weening</b>			<b>Stan Krewinkel</b>			
		100m	11.93	(11.93)	100m	11.64	(11.64)	
		500m	44.67	(32.74)	500m	42.26	(30.62)	
		Naam			Cat	PR	Tijd	Info
32	gl	2	<b>Fedor van der Laan</b>		HSA	43.17	43.27	
	bl	54	<b>Dirk Grimm</b>		HSA	45.01	47.22	
		<b>Fedor van der Laan</b>			<b>Dirk Grimm</b>			
		100m	11.70	(11.70)	100m	12.72	(12.72)	
		500m	43.27	(31.57)	500m	47.22	(34.50)	
		Naam			Cat	PR	Tijd	Info
33	wt	6	<b>Peter van Buiten</b>		HSA	42.30	41.98	PR
	rd	44	<b>Yoran Nijenhuis</b>		HSA	41.96	42.90	
		<b>Peter van Buiten</b>			<b>Yoran Nijenhuis</b>			
		100m	11.46	(11.46)	100m	11.28	(11.28)	
		500m	41.98	(30.52)	500m	42.90	(31.62)	

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		Naam		Cat		PR		Tijd	Info
34	gl	1	<b>Arthur Knibbe</b>		HSA		42.94	43.38	
	bl	4	<b>Loek Hendriksen</b>		HN4		41.46	42.16	
		<b>Arthur Knibbe</b>			<b>Loek Hendriksen</b>				
		100m	11.59	(11.59)	100m	11.59	(11.59)		
		500m	43.38	(31.79)	500m	42.16	(30.57)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
35	wt	57	<b>Daniël Kooyman</b>		HSA		39.95	41.26	
	rd	65	<b>Bram ten Berge</b>		HA2		39.58	41.54	
		<b>Daniël Kooyman</b>			<b>Bram ten Berge</b>				
		100m	11.00	(11.00)	100m	11.04	(11.04)		
		500m	41.26	(30.26)	500m	41.54	(30.50)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
36	gl	14	<b>Daan Voorhoeve</b>		HSA		41.05	41.13	
	bl	83	<b>Tjibbe Moller</b>		HA1		41.66	41.69	
		<b>Daan Voorhoeve</b>			<b>Tjibbe Moller</b>				
		100m	11.13	(11.13)	100m	11.71	(11.71)		
		500m	41.13	(30.00)	500m	41.69	(29.98)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
37	wt	16	<b>Florian Meijer</b>		HSA		39.00	40.75	
	rd	81	<b>Rens Hiddink</b>		HN3		40.59	42.76	
		<b>Florian Meijer</b>			<b>Rens Hiddink</b>				
		100m	11.30	(11.30)	100m	11.45	(11.45)		
		500m	40.75	(29.45)	500m	42.76	(31.31)		
<hr/>									
		Naam		Cat		PR		Tijd	Info
38	gl	64	<b>Udo van der Wier</b>		HN2		39.84	40.46	
	bl	15	<b>Arthur Zijlstra</b>		HN3		40.59	40.54	PR
		<b>Udo van der Wier</b>			<b>Arthur Zijlstra</b>				
		100m	11.16	(11.16)	100m	11.18	(11.18)		
		500m	40.46	(29.30)	500m	40.54	(29.36)		

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		Naam		Cat		PR		Tijd	Info
39	wt	88	<b>Mark Withagen</b>		HN1		38.35		41.33
	rd	49	<b>Danny Heijkoop</b>		HN4		38.16		39.28
		<b>Mark Withagen</b>			<b>Danny Heijkoop</b>				
		100m	11.57	(11.57)	100m	10.73	(10.73)		
		500m	41.33	(29.76)	500m	39.28	(28.55)		

		Naam		Cat		PR		Tijd	Info
40	gl	90	<b>Jens Klootwijk</b>		HN2		39.81		40.09
	bl	30	<b>Thomas Selles</b>		HN3		39.25		40.32
		<b>Jens Klootwijk</b>			<b>Thomas Selles</b>				
		100m	11.10	(11.10)	100m	10.87	(10.87)		
		500m	40.09	(28.99)	500m	40.32	(29.45)		

		Naam		Cat		PR		Tijd	Info
41	wt	85	<b>Wester Landman</b>		HN3		37.86		39.57
	rd	72	<b>Colin Schrijver</b>		HSA		36.97		38.96
		<b>Wester Landman</b>			<b>Colin Schrijver</b>				
		100m	10.94	(10.94)	100m	11.14	(11.14)		
		500m	39.57	(28.63)	500m	38.96	(27.82)		

		Naam		Cat		PR		Tijd	Info
42	gl	66	<b>Donald Stappenbelt</b>		HN2		38.22		39.83
	bl	68	<b>Lasse Hiddink</b>		HSA		37.71		40.83
		<b>Donald Stappenbelt</b>			<b>Lasse Hiddink</b>				
		100m	11.10	(11.10)	100m	11.16	(11.16)		
		500m	39.83	(28.73)	500m	40.83	(29.67)		

# NSK Allround

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## 5. Uitslag Dames 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	84 Bente Moller	DN1	60	O	2:14.02		
2	28 Esther Withagen	DN1	59	I	2:17.02		
3	2 Annick van der Woude	DN4	59	O	2:18.83		
4	76 Tess ten Dolle	DN2	58	O	2:23.72		
5	73 Alessandra Primavera	DSA	60	I	2:24.47		
6	58 Eeke Weenink	DN1	54	I	2:26.80		
7	56 Sonia Schipper	DSA	55	O	2:26.95	PR	
8	47 Hiltje Gerritsma	DSA	57	O	2:27.03		
9	62 Lieve Bunt	DA2	55	I	2:27.32		
10	82 Aniek Hesselink	DN2	58	I	2:27.56		
11	53 Anne Schermer	DN2	56	I	2:29.98		
12	38 Amélie Coremans	DN3	52	I	2:31.09		
13	34 Marleen de Boer	DN3	57	I	2:31.79		
14	71 Rosanne van der Post	DSA	54	O	2:38.65		
15	1 Quirine Krommendijk	DN3	53	I	2:39.06		
16	80 Saline Verkerk	DN4	56	O	2:40.49		
17	94 Robin Geesken	DSA	52	O	2:40.96		
18	19 Geanne Stol	DN1	53	O	2:43.10		
19	25 Marijke de Jong	DN3	51	I	2:50.87		
20	8 Paulien Abma	DN3	49	I	2:55.78		
21	35 Juliana Bruil	DSA	50	I	2:56.48		
22	74 Lisa Elzinga	DSA	50	O	2:57.20	PR	
23	70 Reinate Bathoorn	DN4	51	O	2:57.21		
24	29 Leonie Jelsma	DSA	44	O	2:58.19		
25	77 Edmee Witmer	DN3	46	O	3:07.53		
26	75 Iris van Duinen	DSA	49	O	3:08.53	PR	
27	55 Danique Hoevers	DN4	46	I	3:12.29		
28	45 Marith Wijtenhorst	DN2	44	I	3:16.17		
29	40 Marianne Westerhof	DSA	45	I	3:17.98		
30	43 Nynke Anjema	DSA	45	O	3:24.58		
31	63 Feline Waardenburg	DSA	48	I	3:30.92		
32	10 Annabel Rodewijk	DN1	47	O	3:53.77		
33	23 Celine van der Vinne	DSA	48	O	4:00.89		
34	91 Emma Janssen	DN1	47	I	4:09.06	PR	
35	17 Leonie Nijs	DSA	43	I	4:24.03		

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## 5. Rituitslag Dames 1500 meter

		Naam	Cat	PR	Tijd	Info	
43	wt rd	17 <b>Leonie Nijs</b>	DSA		4:24.03		
		<b>Leonie Nijs</b>					
		300m	54.54 (54.54)		m		
		700m	2:03.19 (68.65)				
		1100m	3:13.36 (70.17)				
		1500m	4:24.03 (70.67)				
<hr/>							
		Naam	Cat	PR	Tijd	Info	
44	gl bl	45 <b>Marith Wijtenhorst</b>	DN2		3:16.17		
		29 <b>Leonie Jelsma</b>	DSA		2:58.19		
		<b>Marith Wijtenhorst</b>					
		300m	42.32 (42.32)		300m	38.23 (38.23)	
		700m	1:32.64 (50.32)		700m	1:23.70 (45.47)	
		1100m	2:24.73 (52.09)		1100m	2:09.89 (46.19)	
		1500m	3:16.17 (51.44)		1500m	2:58.19 (48.30)	
<hr/>							
		Naam	Cat	PR	Tijd	Info	
45	wt rd	40 <b>Marianne Westerhof</b>	DSA		3:17.98		
		43 <b>Nynke Anjema</b>	DSA		3:24.58		
		<b>Marianne Westerhof</b>					
		300m	41.66 (41.66)		300m	42.19 (42.19)	
		700m	1:32.35 (50.69)		700m	1:33.90 (51.71)	
		1100m	2:25.15 (52.80)		1100m	2:29.28 (55.38)	
		1500m	3:17.98 (52.83)		1500m	3:24.58 (55.30)	
<hr/>							
		Naam	Cat	PR	Tijd	Info	
46	gl bl	55 <b>Danique HoEVERS</b>	DN4		3:12.29		
		77 <b>Edmee Witmer</b>	DN3		3:07.53		
		<b>Danique HoEVERS</b>					
		300m	38.60 (38.60)		300m	38.73 (38.73)	
		700m	1:27.80 (49.20)		700m	1:26.11 (47.38)	
		1100m	2:19.66 (51.86)		1100m	2:16.13 (50.02)	
		1500m	3:12.29 (52.63)		1500m	3:07.53 (51.40)	

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		Naam			Cat	PR	Tijd	Info
47	wt	91	<b>Emma Janssen</b>		DN1	4:56.10	4:09.06	PR
	rd	10	<b>Annabel Rodewijk</b>		DN1	3:50.20	3:53.77	
		<b>Emma Janssen</b>			<b>Annabel Rodewijk</b>			
		300m	1:03.21	(63.21)	300m	48.98	(48.98)	
		700m	2:03.87	(60.66)	700m	1:49.75	(60.77)	
		1100m	3:04.54	(60.67)	1100m	2:52.04	(62.29)	
		1500m	4:09.06	(64.52)	1500m	3:53.77	(61.73)	
		Naam			Cat	PR	Tijd	Info
48	gl	63	<b>Feline Waardenburg</b>		DSA		3:30.92	
	bl	23	<b>Celine van der Vinne</b>		DSA	3:52.60	4:00.89	
		<b>Feline Waardenburg</b>			<b>Celine van der Vinne</b>			
		300m	31.92	(31.92)	300m	47.42	(47.42)	
		700m	1:35.11	(63.19)	700m	1:47.39	(59.97)	
		1100m	2:32.27	(57.16)	1100m	2:53.85	(66.46)	
		1500m	3:30.92	(58.65)	1500m	4:00.89	(67.04)	
		Naam			Cat	PR	Tijd	Info
49	wt	8	<b>Paulien Abma</b>		DN3	2:38.85	2:55.78	
	rd	75	<b>Iris van Duinen</b>		DSA	3:09.12	3:08.53	PR
		<b>Paulien Abma</b>			<b>Iris van Duinen</b>			
		300m	35.60	(35.60)	300m	38.28	(38.28)	
		700m	1:19.91	(44.31)	700m	1:25.58	(47.30)	
		1100m	2:07.42	(47.51)	1100m	2:16.26	(50.68)	
		1500m	2:55.78	(48.36)	1500m	3:08.53	(52.27)	
		Naam			Cat	PR	Tijd	Info
50	gl	35	<b>Juliana Bruil</b>		DSA	2:54.89	2:56.48	
	bl	74	<b>Lisa Elzinga</b>		DSA	3:07.00	2:57.20	PR
		<b>Juliana Bruil</b>			<b>Lisa Elzinga</b>			
		300m	37.07	(37.07)	300m	37.91	(37.91)	
		700m	1:20.84	(43.77)	700m	1:23.09	(45.18)	
		1100m	2:07.90	(47.06)	1100m	2:09.71	(46.62)	
		1500m	2:56.48	(48.58)	1500m	2:57.20	(47.49)	

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		Naam	Cat	PR	Tijd	Info
51	wt	25 <b>Marijke de Jong</b>	DN3	2:44.00	2:50.87	
	rd	70 <b>Reinate Bathoorn</b>	DN4	2:47.89	2:57.21	
		<b>Marijke de Jong</b>			<b>Reinate Bathoorn</b>	
		300m	35.20 (35.20)	300m	36.81 (36.81)	
		700m	1:17.55 (42.35)	700m	1:21.37 (44.56)	
		1100m	2:03.28 (45.73)	1100m	2:09.07 (47.70)	
		1500m	2:50.87 (47.59)	1500m	2:57.21 (48.14)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
52	gl	38 <b>Amélie Coremans</b>	DN3	2:26.50	2:31.09	
	bl	94 <b>Robin Geesken</b>	DSA	2:40.39	2:40.96	
		<b>Amélie Coremans</b>			<b>Robin Geesken</b>	
		300m	32.03 (32.03)	300m	34.43 (34.43)	
		700m	1:09.16 (37.13)	700m	1:14.91 (40.48)	
		1100m	1:49.13 (39.97)	1100m	1:57.83 (42.92)	
		1500m	2:31.09 (41.96)	1500m	2:40.96 (43.13)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
53	wt	1 <b>Quirine Krommendijk</b>	DN3	2:35.65	2:39.06	
	rd	19 <b>Geanne Stol</b>	DN1	2:34.18	2:43.10	
		<b>Quirine Krommendijk</b>			<b>Geanne Stol</b>	
		300m	32.40 (32.40)	300m	35.42 (35.42)	
		700m	1:12.16 (39.76)	700m	1:17.00 (41.58)	
		1100m	1:54.70 (42.54)	1100m	1:59.98 (42.98)	
		1500m	2:39.06 (44.36)	1500m	2:43.10 (43.12)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
54	gl	58 <b>Eeke Weenink</b>	DN1	2:18.95	2:26.80	
	bl	71 <b>Rosanne van der Post</b>	DSA	2:34.49	2:38.65	
		<b>Eeke Weenink</b>			<b>Rosanne van der Post</b>	
		300m	31.85 (31.85)	300m	33.20 (33.20)	
		700m	1:08.53 (36.68)	700m	1:12.05 (38.85)	
		1100m	1:46.78 (38.25)	1100m	1:54.52 (42.47)	
		1500m	2:26.80 (40.02)	1500m	2:38.65 (44.13)	

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		Naam		Cat		PR		Tijd	Info
55	wt	62	<b>Lieve Bunt</b>		DA2			2:23.61	2:27.32
	rd	56	<b>Sonia Schipper</b>		DSA			2:29.01	2:26.95 PR
		<b>Lieve Bunt</b>			<b>Sonia Schipper</b>				
		300m	29.12	(29.12)	300m	31.73	(31.73)		
		700m	1:05.88	(36.76)	700m	1:08.00	(36.27)		
		1100m	1:46.38	(40.50)	1100m	1:46.76	(38.76)		
		1500m	2:27.32	(40.94)	1500m	2:26.95	(40.19)		

		Naam		Cat		PR		Tijd	Info
56	gl	53	<b>Anne Schermer</b>		DN2			2:29.25	2:29.98
	bl	80	<b>Saline Verkerk</b>		DN4			2:28.52	2:40.49
		<b>Anne Schermer</b>			<b>Saline Verkerk</b>				
		300m	32.19	(32.19)	300m	35.56	(35.56)		
		700m	1:10.47	(38.28)	700m	1:16.44	(40.88)		
		1100m	1:49.78	(39.31)	1100m	1:58.32	(41.88)		
		1500m	2:29.98	(40.20)	1500m	2:40.49	(42.17)		

		Naam		Cat		PR		Tijd	Info
57	wt	34	<b>Marleen de Boer</b>		DN3			2:28.47	2:31.79
	rd	47	<b>Hiltje Gerritsma</b>		DSA			2:26.08	2:27.03
		<b>Marleen de Boer</b>			<b>Hiltje Gerritsma</b>				
		300m	32.73	(32.73)	300m	32.74	(32.74)		
		700m	1:10.60	(37.87)	700m	1:09.02	(36.28)		
		1100m	1:50.41	(39.81)	1100m	1:47.47	(38.45)		
		1500m	2:31.79	(41.38)	1500m	2:27.03	(39.56)		

		Naam		Cat		PR		Tijd	Info
58	gl	82	<b>Aniek Hesselink</b>		DN2			2:25.83	2:27.56
	bl	76	<b>Tess ten Dolle</b>		DN2			2:18.12	2:23.72
		<b>Aniek Hesselink</b>			<b>Tess ten Dolle</b>				
		300m	32.12	(32.12)	300m	30.46	(30.46)		
		700m	1:09.09	(36.97)	700m	1:05.85	(35.39)		
		1100m	1:47.70	(38.61)	1100m	1:44.28	(38.43)		
		1500m	2:27.56	(39.86)	1500m	2:23.72	(39.44)		

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		Naam			Cat			PR	Tijd	Info
59	wt	28	<b>Esther Withagen</b>		DN1			2:12.85	2:17.02	
	rd	2	<b>Annick van der Woude</b>		DN4			2:15.06	2:18.83	
		<b>Esther Withagen</b>			<b>Annick van der Woude</b>					
		300m	28.80	(28.80)	300m	29.38	(29.38)			
		700m	1:02.59	(33.79)	700m	1:03.74	(34.36)			
		1100m	1:38.75	(36.16)	1100m	1:40.56	(36.82)			
		1500m	2:17.02	(38.27)	1500m	2:18.83	(38.27)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
60	gl	73	<b>Alessandra Primavera</b>		DSA			2:12.73	2:24.47	
	bl	84	<b>Bente Moller</b>		DN1			2:09.96	2:14.02	
		<b>Alessandra Primavera</b>			<b>Bente Moller</b>					
		300m	30.47	(30.47)	300m	28.28	(28.28)			
		700m	1:05.85	(35.38)	700m	1:00.90	(32.62)			
		1100m	1:44.23	(38.38)	1100m	1:35.98	(35.08)			
		1500m	2:24.47	(40.24)	1500m	2:14.02	(38.04)			

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## 6. Uitslag Heren 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	72 Colin Schrijver	HSA	85	O	4:08.58	PR	
2	85 Wester Landman	HN3	83	O	4:13.19	PR	
3	90 Jens Klootwijk	HN2	84	I	4:17.81		
4	49 Danny Heijkoop	HN4	86	O	4:20.29		
5	88 Mark Withagen	HN1	83	I	4:23.93		
6	15 Arthur Zijlstra	HN3	82	I	4:25.00	PR	
7	68 Lasse Hiddink	HSA	85	I	4:25.22		
8	66 Donald Stappenbelt	HN2	86	I	4:29.36		
9	64 Udo van der Wier	HN2	81	O	4:30.12		
10	2 Fedor van der Laan	HSA	79	O	4:32.64		
11	57 Daniël Kooyman	HSA	81	I	4:35.37		
12	18 Stan Krewinkel	HSA	80	I	4:39.08	PR	
13	83 Tjibbe Moller	HA1	80	O	4:39.51		
14	65 Bram ten Berge	HA2	84	O	4:39.74		
15	14 Daan Voorhoeve	HSA	78	I	4:40.14	PR	
16	44 Yoran Nijenhuis	HSA	79	I	4:41.95		
17	81 Rens Hiddink	HN3	77	I	4:43.12	PR	
18	30 Thomas Selles	HN3	77	O	4:43.61	PR	
19	16 Florian Meijer	HSA	82	O	4:47.29		
20	6 Peter van Buiten	HSA	75	I	4:47.84	PR	
21	4 Loek Hendriksen	HN4	78	O	4:50.72		
22	78 Thijs Buisman	HN1	76	O	4:55.12	PR	
23	9 Colin Koenderink	HN2	76	I	5:00.29	PR	
24	48 Harmen Nanninga	HSA	64	O	5:07.94		
25	1 Arthur Knibbe	HSA	74	I	5:09.48	PR	
26	12 Menno Brink	HSA	65	I	5:10.53		
27	26 Ewout Vos	HN3	66	I	5:11.22		
28	79 Jelmer de Hoop	HN4	75	O	5:11.32		
29	86 Luc Dekker	HN4	73	I	5:14.55	PR	
30	54 Dirk Grimm	HSA	67	I	5:14.71	PR	
31	13 Floris Naber	HSA	72	I	5:17.94	PR	
32	20 Sybe Weening	HN4	73	O	5:19.77		
33	42 Sven Paternotte	HSA	71	O	5:20.86	PR	
34	67 Mats Verlaak	HSA	71	I	5:23.97	PR	
35	33 Jelte van der Zwaag	HN2	63	I	5:34.65		
36	61 Jesper Kussendrager	HSA	74	O	5:36.38		
37	51 Teun Zwanenburg	HN1	63	O	5:49.07		
38	1 Lars Huiting	HN3	72	O	5:49.29		

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Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	27 Rense Uitenbroek	HSA	70	O	5:54.12	PR	
40	59 Stan Rolfes	HN3	65	O	6:04.53		
41	89 Jelmer Venema	HN3	69	I	6:10.32	PR	
42	22 Cas Smeets	HSA	68	I	6:17.55	PR	
43	11 Hasin Ayari	HN3	70	I	6:17.87	PR	
44	39 Zevus Janssen	HSA	67	O	7:10.36	PR	
45	93 Joost Adams	HSA	68	O	7:12.39	PR	
	92 Bernard den Boogert	HN1	64	I	DNF		
	36 Thomas Hanhart	HSA	66	O	DNF		
	31 Sytse Veersma	HSA	69	O	DNF		

# NSK Allround

IJsbaan Twente - Enschede  
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## 6. Rituitslag Heren 3000 meter

		Naam		Cat		PR		Tijd	Info
63	wt	33	<b>Jelte van der Zwaag</b>		HN2			5:34.65	
	rd	51	<b>Teun Zwanenburg</b>		HN1			5:49.07	
		<b>Jelte van der Zwaag</b>			<b>Teun Zwanenburg</b>				
		200m	26.56	(26.56)	200m	27.40	(27.40)		
		600m	1:11.19	(44.63)	600m	1:11.49	(44.09)		
		1000m	1:54.64	(43.45)	1000m	1:57.09	(45.60)		
		1400m	2:38.54	(43.90)	1400m	2:42.73	(45.64)		
		1800m	3:23.17	(44.63)	1800m	3:28.68	(45.95)		
		2200m	4:07.07	(43.90)	2200m	4:14.63	(45.95)		
		2600m	4:52.45	(45.38)	2600m	5:02.05	(47.42)		
		3000m	5:34.65	(42.20)	3000m	5:49.07	(47.02)		

		Naam		Cat		PR		Tijd	Info
64	gl	92	<b>Bernard den Boogert</b>		HN1			DNF	
	bl	48	<b>Harmen Nanninga</b>		HSA			5:07.94	
		<b>Bernard den Boogert</b>			<b>Harmen Nanninga</b>				
		200m	27.71	(27.71)	200m	22.30	(22.30)		
		600m	1:13.56	(45.85)	600m	58.78	(36.48)		
		1000m	2:01.98	(48.42)	1000m	1:38.03	(39.25)		
		1400m	3:00.53	(58.55)	1400m	2:18.93	(40.90)		
					1800m	3:05.73	(46.80)		
					2200m	3:42.78	(37.05)		
					2600m	4:25.59	(42.81)		
					3000m	5:07.94	(42.35)		

# NSK Allround

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		Naam		Cat		PR	Tijd	Info
65	wt	12	<b>Menno Brink</b>		HSA		5:10.53	
	rd	59	<b>Stan Rolfes</b>		HN3		6:04.53	
		<b>Menno Brink</b>			<b>Stan Rolfes</b>			
		200m	23.23	(23.23)	200m	26.13	(26.13)	
		600m	59.36	(36.13)	600m	1:09.86	(43.73)	
		1000m	1:38.36	(39.00)	1000m	1:56.11	(46.25)	
		1400m	2:19.65	(41.29)	1400m	2:44.69	(48.58)	
		1800m	3:01.79	(42.14)	1800m	3:33.42	(48.73)	
		2200m	3:44.54	(42.75)	2200m	4:23.59	(50.17)	
		2600m	4:27.57	(43.03)	2600m	5:14.43	(50.84)	
		3000m	5:10.53	(42.96)	3000m	6:04.53	(50.10)	

		Naam		Cat		PR	Tijd	Info
66	gl	26	<b>Ewout Vos</b>		HN3		5:11.22	
	bl	36	<b>Thomas Hanhart</b>		HSA		DNF	
		<b>Ewout Vos</b>			<b>Thomas Hanhart</b>			
		200m	24.48	(24.48)	200m	27.13	(27.13)	
		600m	1:02.82	(38.34)	600m	1:14.82	(47.69)	
		1000m	1:42.84	(40.02)	1000m	2:07.28	(52.46)	
		1400m	2:23.89	(41.05)	1400m	3:03.77	(56.49)	
		1800m	3:05.18	(41.29)	1800m	4:02.79	(59.02)	
		2200m	3:47.63	(42.45)	2200m	5:05.11	(62.32)	
		2600m	4:29.86	(42.23)				
		3000m	5:11.22	(41.36)				

# NSK Allround

IJsbaan Twente - Enschede  
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		Naam			Cat	PR	Tijd	Info
67	wt	54	<b>Dirk Grimm</b>		HSA	6:38.39	5:14.71	PR
	rd	39	<b>Zevus Janssen</b>		HSA	8:15.60	7:10.36	PR
		<b>Dirk Grimm</b>			<b>Zevus Janssen</b>			
		200m	29.92	(29.92)	200m	38.70	(38.70)	
		600m	59.85	(29.93)	600m	1:17.41	(38.71)	
		1000m	1:38.73	(38.88)	1000m	2:11.47	(54.06)	
		1400m	2:18.97	(40.24)	1400m	3:08.75	(57.28)	
		1800m	3:00.55	(41.58)	1800m	4:08.40	(59.65)	
		2200m	3:44.41	(43.86)	2200m	5:09.19	(60.79)	
		2600m	4:30.46	(46.05)	2600m	6:09.81	(60.62)	
		3000m	5:14.71	(44.25)	3000m	7:10.36	(60.55)	

		Naam			Cat	PR	Tijd	Info
68	gl	22	<b>Cas Smeets</b>		HSA	6:31.87	6:17.55	PR
	bl	93	<b>Joost Adams</b>		HSA	7:25.63	7:12.39	PR
		<b>Cas Smeets</b>			<b>Joost Adams</b>			
		200m	26.32	(26.32)	200m	31.71	(31.71)	
		600m	1:10.74	(44.42)	600m	1:26.30	(54.59)	
		1000m	1:57.11	(46.37)	1000m	2:22.62	(56.32)	
		1400m	2:45.31	(48.20)	1400m	3:19.50	(56.88)	
		1800m	3:34.95	(49.64)	1800m	4:17.98	(58.48)	
		2200m	4:26.94	(51.99)	2200m	5:17.06	(59.08)	
		2600m	5:21.50	(54.56)	2600m	6:15.80	(58.74)	
		3000m	6:17.55	(56.05)	3000m	7:12.39	(56.59)	

# NSK Allround

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		Naam			Cat			PR	Tijd	Info
69	wt	89	<b>Jelmer Venema</b>		HN3			6:31.04	6:10.32	PR
	rd	31	<b>Sytse Veersma</b>		HSA			6:23.22	DNF	
		<b>Jelmer Venema</b>			<b>Sytse Veersma</b>					
		200m	27.87	(27.87)	200m	23.43	(23.43)			
		600m	1:13.52	(45.65)	600m	1:03.17	(39.74)			
		1000m	2:00.14	(46.62)	1000m	1:45.08	(41.91)			
		1400m	2:47.50	(47.36)	1400m	2:30.09	(45.01)			
		1800m	3:35.77	(48.27)	1800m	3:15.22	(45.13)			
		2200m	4:25.71	(49.94)	2200m	4:01.14	(45.92)			
		2600m	5:17.26	(51.55)	2600m	4:55.12	(53.98)			
		3000m	6:10.32	(53.06)						

		Naam			Cat			PR	Tijd	Info
70	gl	11	<b>Hasin Ayari</b>		HN3			6:28.59	6:17.87	PR
	bl	27	<b>Rense Uitenbroek</b>		HSA			6:26.22	5:54.12	PR
		<b>Hasin Ayari</b>			<b>Rense Uitenbroek</b>					
		200m	28.22	(28.22)	200m	28.02	(28.02)			
		600m	1:13.68	(45.46)	600m	1:12.11	(44.09)			
		1000m	2:00.81	(47.13)	1000m	1:57.84	(45.73)			
		1400m	2:48.62	(47.81)	1400m	2:45.50	(47.66)			
		1800m	3:38.20	(49.58)	1800m	3:33.76	(48.26)			
		2200m	4:29.38	(51.18)	2200m	4:21.12	(47.36)			
		2600m	5:22.96	(53.58)	2600m	5:08.14	(47.02)			
		3000m	6:17.87	(54.91)	3000m	5:54.12	(45.98)			

# NSK Allround

IJsbaan Twente - Enschede  
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		Naam			Cat	PR	Tijd	Info
71	wt	67	<b>Mats Verlaak</b>		HSA	6:21.79	5:23.97	PR
	rd	42	<b>Sven Paternotte</b>		HSA	5:45.67	5:20.86	PR
		<b>Mats Verlaak</b>			<b>Sven Paternotte</b>			
		200m	25.48	(25.48)	200m	24.59	(24.59)	
		600m	1:07.46	(41.98)	600m	1:04.23	(39.64)	
		1000m	1:50.22	(42.76)	1000m	1:45.66	(41.43)	
		1400m	2:32.82	(42.60)	1400m	2:27.98	(42.32)	
		1800m	3:15.07	(42.25)	1800m	3:10.99	(43.01)	
		2200m	3:57.65	(42.58)	2200m	3:54.29	(43.30)	
		2600m	4:41.25	(43.60)	2600m	4:37.84	(43.55)	
		3000m	5:23.97	(42.72)	3000m	5:20.86	(43.02)	

		Naam			Cat	PR	Tijd	Info
72	gl	13	<b>Floris Naber</b>		HSA	5:53.11	5:17.94	PR
	bl	1	<b>Lars Huiting</b>		HN3	5:43.61	5:49.29	
		<b>Floris Naber</b>			<b>Lars Huiting</b>			
		200m	24.78	(24.78)	200m	24.78	(24.78)	
		600m	1:03.69	(38.91)	600m	1:03.27	(38.49)	
		1000m	1:44.26	(40.57)	1000m	1:44.37	(41.10)	
		1400m	2:27.08	(42.82)	1400m	2:28.71	(44.34)	
		1800m	3:09.86	(42.78)	1800m	3:15.98	(47.27)	
		2200m	3:52.38	(42.52)	2200m	4:04.78	(48.80)	
		2600m	4:35.38	(43.00)	2600m	4:56.27	(51.49)	
		3000m	5:17.94	(42.56)	3000m	5:49.29	(53.02)	

# NSK Allround

IJsbahn Twente - Enschede  
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		Naam		Cat		PR		Tijd	Info
73	wt	86	<b>Luc Dekker</b>		HN4			5:32.09	5:14.55 PR
	rd	20	<b>Sybe Weening</b>		HN4			5:16.37	5:19.77
		<b>Luc Dekker</b>				<b>Sybe Weening</b>			
		200m	23.92	(23.92)		200m	22.80	(22.80)	
		600m	1:03.67	(39.75)		600m	1:02.19	(39.39)	
		1000m	1:45.27	(41.60)		1000m	1:43.63	(41.44)	
		1400m	2:26.60	(41.33)		1400m	2:25.26	(41.63)	
		1800m	3:08.62	(42.02)		1800m	3:08.28	(43.02)	
		2200m	3:51.50	(42.88)		2200m	3:51.48	(43.20)	
		2600m	4:33.66	(42.16)		2600m	4:35.73	(44.25)	
		3000m	5:14.55	(40.89)		3000m	5:19.77	(44.04)	

		Naam		Cat		PR		Tijd	Info
74	gl	1	<b>Arthur Knibbe</b>		HSA			5:17.04	5:09.48 PR
	bl	61	<b>Jesper Kussendrager</b>		HSA			5:27.99	5:36.38
		<b>Arthur Knibbe</b>				<b>Jesper Kussendrager</b>			
		200m	21.86	(21.86)		200m	23.78	(23.78)	
		600m	59.82	(37.96)		600m	1:03.76	(39.98)	
		1000m	1:39.92	(40.10)		1000m	1:46.36	(42.60)	
		1400m	2:21.29	(41.37)		1400m	2:30.87	(44.51)	
		1800m	3:03.45	(42.16)		1800m	3:15.79	(44.92)	
		2200m	3:45.40	(41.95)		2200m	4:02.70	(46.91)	
		2600m	4:28.10	(42.70)		2600m	4:49.56	(46.86)	
		3000m	5:09.48	(41.38)		3000m	5:36.38	(46.82)	

# NSK Allround

Ijsbaan Twente - Enschede  
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		Naam			Cat			PR	Tijd	Info
75	wt	6	<b>Peter van Buiten</b>		HSA			4:48.38	4:47.84	PR
	rd	79	<b>Jelmer de Hoop</b>		HN4			5:10.41	5:11.32	
		<b>Peter van Buiten</b>			<b>Jelmer de Hoop</b>					
		200m	21.54	(21.54)	200m	23.35	(23.35)			
		600m	57.48	(35.94)	600m	1:01.27	(37.92)			
		1000m	1:34.21	(36.73)	1000m	1:42.05	(40.78)			
		1400m	2:12.03	(37.82)	1400m	2:23.13	(41.08)			
		1800m	2:50.01	(37.98)	1800m	3:04.26	(41.13)			
		2200m	3:29.03	(39.02)	2200m	3:45.96	(41.70)			
		2600m	4:08.52	(39.49)	2600m	4:28.44	(42.48)			
		3000m	4:47.84	(39.32)	3000m	5:11.32	(42.88)			

		Naam			Cat			PR	Tijd	Info
76	gl	9	<b>Colin Koenderink</b>		HN2			5:01.10	5:00.29	PR
	bl	78	<b>Thijs Buisman</b>		HN1			5:05.16	4:55.12	PR
		<b>Colin Koenderink</b>			<b>Thijs Buisman</b>					
		200m	22.51	(22.51)	200m	22.27	(22.27)			
		600m	59.65	(37.14)	600m	58.08	(35.81)			
		1000m	1:39.02	(39.37)	1000m	1:35.62	(37.54)			
		1400m	2:19.20	(40.18)	1400m	2:14.54	(38.92)			
		1800m	2:59.29	(40.09)	1800m	2:54.11	(39.57)			
		2200m	3:40.05	(40.76)	2200m	3:33.88	(39.77)			
		2600m	4:20.57	(40.52)	2600m	4:14.36	(40.48)			
		3000m	5:00.29	(39.72)	3000m	4:55.12	(40.76)			

# NSK Allround

Ijsbaan Twente - Enschede  
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		Naam			Cat	PR	Tijd	Info
77	wt	81	<b>Rens Hiddink</b>		HN3	4:44.21	4:43.12	PR
	rd	30	<b>Thomas Selles</b>		HN3	4:45.62	4:43.61	PR
		<b>Rens Hiddink</b>			<b>Thomas Selles</b>			
		200m	21.23	(21.23)	200m	20.97	(20.97)	
		600m	57.00	(35.77)	600m	54.57	(33.60)	
		1000m	1:31.95	(34.95)	1000m	1:29.84	(35.27)	
		1400m	2:08.95	(37.00)	1400m	2:06.57	(36.73)	
		1800m	2:46.86	(37.91)	1800m	2:44.37	(37.80)	
		2200m	3:25.33	(38.47)	2200m	3:23.06	(38.69)	
		2600m	4:04.53	(39.20)	2600m	4:02.93	(39.87)	
		3000m	4:43.12	(38.59)	3000m	4:43.61	(40.68)	

		Naam			Cat	PR	Tijd	Info
78	gl	14	<b>Daan Voorhoeve</b>		HSA	4:47.96	4:40.14	PR
	bl	4	<b>Loek Hendriksen</b>		HN4	4:44.14	4:50.72	
		<b>Daan Voorhoeve</b>			<b>Loek Hendriksen</b>			
		200m	20.65	(20.65)	200m	21.88	(21.88)	
		600m	55.04	(34.39)	600m	56.84	(34.96)	
		1000m	1:30.32	(35.28)	1000m	1:34.10	(37.26)	
		1400m	2:06.89	(36.57)	1400m	2:11.65	(37.55)	
		1800m	2:43.58	(36.69)	1800m	2:49.66	(38.01)	
		2200m	3:21.87	(38.29)	2200m	3:28.91	(39.25)	
		2600m	4:00.34	(38.47)	2600m	4:09.45	(40.54)	
		3000m	4:40.14	(39.80)	3000m	4:50.72	(41.27)	

# NSK Allround

Ijsbaan Twente - Enschede  
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		Naam			Cat			PR	Tijd	Info
79	wt	44	<b>Yoran Nijenhuis</b>		HSA			4:36.87	4:41.95	
	rd	2	<b>Fedor van der Laan</b>		HSA			4:31.15	4:32.64	
		<b>Yoran Nijenhuis</b>				<b>Fedor van der Laan</b>				
		200m	21.45	(21.45)	200m	21.28	(21.28)			
		600m	57.11	(35.66)	600m	54.95	(33.67)			
		1000m	1:33.11	(36.00)	1000m	1:30.85	(35.90)			
		1400m	2:09.45	(36.34)	1400m	2:06.80	(35.95)			
		1800m	2:45.86	(36.41)	1800m	2:42.98	(36.18)			
		2200m	3:23.23	(37.37)	2200m	3:19.28	(36.30)			
		2600m	4:01.61	(38.38)	2600m	3:55.78	(36.50)			
		3000m	4:41.95	(40.34)	3000m	4:32.64	(36.86)			

		Naam			Cat			PR	Tijd	Info
80	gl	18	<b>Stan Krewinkel</b>		HSA			4:43.98	4:39.08	PR
	bl	83	<b>Tjibbe Moller</b>		HA1			4:31.56	4:39.51	
		<b>Stan Krewinkel</b>				<b>Tjibbe Moller</b>				
		200m	21.45	(21.45)	200m	20.99	(20.99)			
		600m	55.55	(34.10)	600m	55.37	(34.38)			
		1000m	1:30.49	(34.94)	1000m	1:31.64	(36.27)			
		1400m	2:07.18	(36.69)	1400m	2:08.16	(36.52)			
		1800m	2:44.03	(36.85)	1800m	2:45.88	(37.72)			
		2200m	3:21.63	(37.60)	2200m	3:23.60	(37.72)			
		2600m	4:00.21	(38.58)	2600m	4:01.48	(37.88)			
		3000m	4:39.08	(38.87)	3000m	4:39.51	(38.03)			

# NSK Allround

Ijsbaan Twente - Enschede  
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		Naam			Cat			PR	Tijd	Info
81	wt	57	<b>Daniël Kooyman</b>		HSA			4:27.87	4:35.37	
	rd	64	<b>Udo van der Wier</b>		HN2			4:24.04	4:30.12	
		<b>Daniël Kooyman</b>				<b>Udo van der Wier</b>				
		200m	20.97	(20.97)	200m	20.69	(20.69)			
		600m	54.97	(34.00)	600m	52.80	(32.11)			
		1000m	1:29.62	(34.65)	1000m	1:25.11	(32.31)			
		1400m	2:05.19	(35.57)	1400m	1:58.88	(33.77)			
		1800m	2:41.56	(36.37)	1800m	2:34.56	(35.68)			
		2200m	3:18.85	(37.29)	2200m	3:12.08	(37.52)			
		2600m	3:56.72	(37.87)	2600m	3:50.73	(38.65)			
		3000m	4:35.37	(38.65)	3000m	4:30.12	(39.39)			

		Naam			Cat			PR	Tijd	Info
82	gl	15	<b>Arthur Zijlstra</b>		HN3			4:30.08	4:25.00	PR
	bl	16	<b>Florian Meijer</b>		HSA			4:26.84	4:47.29	
		<b>Arthur Zijlstra</b>				<b>Florian Meijer</b>				
		200m	20.41	(20.41)	200m	21.94	(21.94)			
		600m	52.96	(32.55)	600m	57.86	(35.92)			
		1000m	1:26.56	(33.60)	1000m	1:35.09	(37.23)			
		1400m	2:01.11	(34.55)	1400m	2:11.77	(36.68)			
		1800m	2:35.92	(34.81)	1800m	2:48.99	(37.22)			
		2200m	3:11.92	(36.00)	2200m	3:27.16	(38.17)			
		2600m	3:48.17	(36.25)	2600m	4:07.47	(40.31)			
		3000m	4:25.00	(36.83)	3000m	4:47.29	(39.82)			

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

		Naam			Cat	PR	Tijd	Info
83	wt	88	<b>Mark Withagen</b>		HN1	4:20.56	4:23.93	
	rd	85	<b>Wester Landman</b>		HN3	4:16.55	4:13.19	PR
		<b>Mark Withagen</b>			<b>Wester Landman</b>			
		200m	20.32	(20.32)	200m	20.24	(20.24)	
		600m	52.64	(32.32)	600m	52.15	(31.91)	
		1000m	1:25.70	(33.06)	1000m	1:25.06	(32.91)	
		1400m	2:00.30	(34.60)	1400m	1:57.72	(32.66)	
		1800m	2:35.42	(35.12)	1800m	2:30.94	(33.22)	
		2200m	3:11.11	(35.69)	2200m	3:04.46	(33.52)	
		2600m	3:47.61	(36.50)	2600m	3:38.61	(34.15)	
		3000m	4:23.93	(36.32)	3000m	4:13.19	(34.58)	

		Naam			Cat	PR	Tijd	Info
84	gl	90	<b>Jens Klootwijk</b>		HN2	4:12.78	4:17.81	
	bl	65	<b>Bram ten Berge</b>		HA2	4:19.21	4:39.74	
		<b>Jens Klootwijk</b>			<b>Bram ten Berge</b>			
		200m	20.00	(20.00)	200m	20.95	(20.95)	
		600m	51.68	(31.68)	600m	57.31	(36.36)	
		1000m	1:23.99	(32.31)	1000m	1:33.76	(36.45)	
		1400m	1:57.58	(33.59)	1400m	2:10.71	(36.95)	
		1800m	2:31.68	(34.10)	1800m	2:47.70	(36.99)	
		2200m	3:06.39	(34.71)	2200m	3:24.83	(37.13)	
		2600m	3:41.73	(35.34)	2600m	4:02.26	(37.43)	
		3000m	4:17.81	(36.08)	3000m	4:39.74	(37.48)	

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		Naam		Cat		PR		Tijd	Info
85	wt	68	<b>Lasse Hiddink</b>		HSA			3:55.76	4:25.22
	rd	72	<b>Colin Schrijver</b>		HSA			4:12.18	4:08.58 PR
		<b>Lasse Hiddink</b>			<b>Colin Schrijver</b>				
		200m	20.13	(20.13)	200m	19.95	(19.95)		
		600m	55.13	(35.00)	600m	51.69	(31.74)		
		1000m	1:30.20	(35.07)	1000m	1:24.35	(32.66)		
		1400m	2:05.04	(34.84)	1400m	1:57.14	(32.79)		
		1800m	2:40.00	(34.96)	1800m	2:29.86	(32.72)		
		2200m	3:14.98	(34.98)	2200m	3:02.51	(32.65)		
		2600m	3:50.04	(35.06)	2600m	3:35.34	(32.83)		
		3000m	4:25.22	(35.18)	3000m	4:08.58	(33.24)		

		Naam		Cat		PR		Tijd	Info
86	gl	66	<b>Donald Stappenbelt</b>		HN2			4:12.19	4:29.36
	bl	49	<b>Danny Heijkoop</b>		HN4			4:09.32	4:20.29
		<b>Donald Stappenbelt</b>			<b>Danny Heijkoop</b>				
		200m	20.11	(20.11)	200m	19.96	(19.96)		
		600m	53.64	(33.53)	600m	52.52	(32.56)		
		1000m	1:27.20	(33.56)	1000m	1:26.58	(34.06)		
		1400m	2:01.51	(34.31)	1400m	2:00.77	(34.19)		
		1800m	2:36.71	(35.20)	1800m	2:35.08	(34.31)		
		2200m	2:57.05	(20.34)	2200m	3:09.71	(34.63)		
		2600m	3:13.33	(16.28)	2600m	3:44.92	(35.21)		
		3000m	4:29.36	(76.03)	3000m	4:20.29	(35.37)		

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IJsbahn Twente - Enschede  
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## 7. Uitslag Dames 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	84 Bente Moller	DN1	104	I	1:26.75	PR	
2	28 Esther Withagen	DN1	104	O	1:26.78		
3	2 Annick van der Woude	DN4	103	I	1:29.74		
4	73 Alessandra Primavera	DSA	101	I	1:33.38		
5	62 Lieve Bunt	DA2	101	O	1:33.64		
6	82 Aniek Hesselink	DN2	100	O	1:36.26		
7	56 Sonia Schipper	DSA	99	O	1:36.42	PR	
8	53 Anne Schermer	DN2	99	I	1:36.44	PR	
9	47 Hiltje Gerritsma	DSA	102	O	1:36.53		
10	34 Marleen de Boer	DN3	98	I	1:37.43		
11	38 Amélie Coremans	DN3	100	I	1:37.47	PR	
12	58 Eeke Weenink	DN1	102	I	1:37.52		
13	71 Rosanne van der Post	DSA	97	O	1:41.64		
14	19 Geanne Stol	DN1	98	O	1:44.14		
15	94 Robin Geesken	DSA	97	I	1:44.92		
16	80 Saline Verkerk	DN4	95	O	1:44.98	PR	
17	8 Paulien Abma	DN3	95	I	1:46.82	PR	
18	25 Marijke de Jong	DN3	96	O	1:48.14	PR	
19	29 Leonie Jelsma	DSA	94	O	1:50.24	PR	
20	35 Juliana Bruil	DSA	96	I	1:50.99	PR	
21	75 Iris van Duinen	DSA	94	I	1:56.11		
22	77 Edmee Witmer	DN3	93	O	1:59.21	PR	
23	40 Marianne Westerhof	DSA	91	I	2:05.98		
24	43 Nynke Anjema	DSA	92	O	2:06.66		
25	55 Danique Hoever	DN4	91	O	2:08.42	PR	
26	45 Marith Wijtenhorst	DN2	92	I	2:12.47		
27	63 Feline Waardenburg	DSA	90	O	2:16.06		
28	10 Annabel Rodewijk	DN1	90	I	2:20.21		
29	91 Emma Janssen	DN1	89	I	2:41.42	PR	
30	17 Leonie Nijs	DSA	89	O	2:53.93		
	76 Tess ten Dolle	DN2	103	O	DQ		
	1 Quirine Krommendijk	DN3			WDR		
	23 Celine van der Vinne	DSA			WDR		
	74 Lisa Elzinga	DSA			WDR		

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## 7. Rituitslag Dames 1000 meter

		Naam	Cat	PR	Tijd	Info
87	wt	1 <b>Quirine Krommendijk</b>	DN3	1:40.07		WDR
	rd	23 <b>Celine van der Vinne</b>	DSA	2:14.83		WDR
		<u>Quirine Krommendijk</u>			<u>Celine van der Vinne</u>	

		Naam	Cat	PR	Tijd	Info
88	gl					
	bl					
		<u>m</u>			<u>m</u>	

		Naam	Cat	PR	Tijd	Info
89	wt	91 <b>Emma Janssen</b>	DN1	2:47.10	2:41.42	PR
	rd	17 <b>Leonie Nijs</b>	DSA		2:53.93	
		<u>Emma Janssen</u>			<u>Leonie Nijs</u>	
		200m 35.57 (35.57)		200m 37.48 (37.48)		
		600m 1:38.27 (62.70)		600m 1:44.19 (66.71)		
		1000m 2:41.42 (63.15)		1000m 2:53.93 (69.74)		

		Naam	Cat	PR	Tijd	Info
90	gl	10 <b>Annabel Rodewijk</b>	DN1	2:14.40	2:20.21	
	bl	63 <b>Feline Waardenburg</b>	DSA		2:16.06	
		<u>Annabel Rodewijk</u>			<u>Feline Waardenburg</u>	
		200m 30.24 (30.24)		200m 30.66 (30.66)		
		600m 1:23.65 (53.41)		600m 1:22.03 (51.37)		
		1000m 2:20.21 (56.56)		1000m 2:16.06 (54.03)		

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		Naam		Cat		PR		Tijd	Info
91	wt	40	<b>Marianne Westerhof</b>		DSA			2:04.90	2:05.98
	rd	55	<b>Danique HoEVERS</b>		DN4			2:12.16	2:08.42 PR
		<b>Marianne Westerhof</b>			<b>Danique HoEVERS</b>				
		200m	28.01	(28.01)	200m	29.01	(29.01)		
		600m	1:15.24	(47.23)	600m	1:18.35	(49.34)		
		1000m	2:05.98	(50.74)	1000m	2:08.42	(50.07)		

		Naam		Cat		PR		Tijd	Info
92	gl	45	<b>Marith Wijtenhorst</b>		DN2			2:04.27	2:12.47
	bl	43	<b>Nynke Anjema</b>		DSA				2:06.66
		<b>Marith Wijtenhorst</b>			<b>Nynke Anjema</b>				
		200m	29.94	(29.94)	200m	28.52	(28.52)		
		600m	1:20.99	(51.05)	600m	1:14.65	(46.13)		
		1000m	2:12.47	(51.48)	1000m	2:06.66	(52.01)		

		Naam		Cat		PR		Tijd	Info
93	wt	74	<b>Lisa Elzinga</b>		DSA			1:48.65	WDR
	rd	77	<b>Edmee Witmer</b>		DN3			2:07.79	1:59.21 PR
		<b>Lisa Elzinga</b>			<b>Edmee Witmer</b>				
					200m	26.51	(26.51)		
					600m	1:11.73	(45.22)		
					1000m	1:59.21	(47.48)		

		Naam		Cat		PR		Tijd	Info
94	gl	75	<b>Iris van Duinen</b>		DSA			1:55.81	1:56.11
	bl	29	<b>Leonie Jelsma</b>		DSA			1:53.25	1:50.24 PR
		<b>Iris van Duinen</b>			<b>Leonie Jelsma</b>				
		200m	26.03	(26.03)	200m	25.75	(25.75)		
		600m	1:08.81	(42.78)	600m	1:07.26	(41.51)		
		1000m	1:56.11	(47.30)	1000m	1:50.24	(42.98)		

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		Naam		Cat		PR		Tijd	Info
95	wt	8	<b>Paulien Abma</b>		DN3		1:47.05	1:46.82	PR
	rd	80	<b>Saline Verkerk</b>		DN4		1:48.08	1:44.98	PR
		<b>Paulien Abma</b>			<b>Saline Verkerk</b>				
		200m	24.37	(24.37)	200m	25.27	(25.27)		
		600m	1:04.58	(40.21)	600m	1:04.69	(39.42)		
		1000m	1:46.82	(42.24)	1000m	1:44.98	(40.29)		

		Naam		Cat		PR		Tijd	Info
96	gl	35	<b>Juliana Bruil</b>		DSA		1:52.35	1:50.99	PR
	bl	25	<b>Marijke de Jong</b>		DN3		1:48.18	1:48.14	PR
		<b>Juliana Bruil</b>			<b>Marijke de Jong</b>				
		200m	25.79	(25.79)	200m	25.02	(25.02)		
		600m	1:07.12	(41.33)	600m	1:05.25	(40.23)		
		1000m	1:50.99	(43.87)	1000m	1:48.14	(42.89)		

		Naam		Cat		PR		Tijd	Info
97	wt	94	<b>Robin Geesken</b>		DSA		1:43.83	1:44.92	
	rd	71	<b>Rosanne van der Post</b>		DSA		1:40.56	1:41.64	
		<b>Robin Geesken</b>			<b>Rosanne van der Post</b>				
		200m	24.02	(24.02)	200m	23.34	(23.34)		
		600m	1:03.15	(39.13)	600m	1:00.96	(37.62)		
		1000m	1:44.92	(41.77)	1000m	1:41.64	(40.68)		

		Naam		Cat		PR		Tijd	Info
98	gl	34	<b>Marleen de Boer</b>		DN3		1:36.02	1:37.43	
	bl	19	<b>Geanne Stol</b>		DN1		1:41.43	1:44.14	
		<b>Marleen de Boer</b>			<b>Geanne Stol</b>				
		200m	23.03	(23.03)	200m	25.47	(25.47)		
		600m	59.08	(36.05)	600m	1:04.15	(38.68)		
		1000m	1:37.43	(38.35)	1000m	1:44.14	(39.99)		

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		Naam		Cat		PR		Tijd	Info
99	wt	53	<b>Anne Schermer</b>		DN2		1:36.47	1:36.44	PR
	rd	56	<b>Sonia Schipper</b>		DSA		1:39.09	1:36.42	PR
		<b>Anne Schermer</b>			<b>Sonia Schipper</b>				
		200m	22.38	(22.38)	200m	22.39	(22.39)		
		600m	58.44	(36.06)	600m	58.04	(35.65)		
		1000m	1:36.44	(38.00)	1000m	1:36.42	(38.38)		

		Naam		Cat		PR		Tijd	Info
100	gl	38	<b>Amélie Coremans</b>		DN3		1:38.89	1:37.47	PR
	bl	82	<b>Aniek Hesselink</b>		DN2		1:35.05	1:36.26	
		<b>Amélie Coremans</b>			<b>Aniek Hesselink</b>				
		200m	22.97	(22.97)	200m	22.79	(22.79)		
		600m	58.76	(35.79)	600m	58.83	(36.04)		
		1000m	1:37.47	(38.71)	1000m	1:36.26	(37.43)		

		Naam		Cat		PR		Tijd	Info
101	wt	73	<b>Alessandra Primavera</b>		DSA		1:27.68	1:33.38	
	rd	62	<b>Lieve Bunt</b>		DA2		1:30.38	1:33.64	
		<b>Alessandra Primavera</b>			<b>Lieve Bunt</b>				
		200m	21.81	(21.81)	200m	20.67	(20.67)		
		600m	56.56	(34.75)	600m	55.59	(34.92)		
		1000m	1:33.38	(36.82)	1000m	1:33.64	(38.05)		

		Naam		Cat		PR		Tijd	Info
102	gl	58	<b>Eeke Weenink</b>		DN1		1:31.59	1:37.52	
	bl	47	<b>Hiltje Gerritsma</b>		DSA		1:36.11	1:36.53	
		<b>Eeke Weenink</b>			<b>Hiltje Gerritsma</b>				
		200m	22.98	(22.98)	200m	23.45	(23.45)		
		600m	58.96	(35.98)	600m	58.91	(35.46)		
		1000m	1:37.52	(38.56)	1000m	1:36.53	(37.62)		

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		Naam	Cat	PR	Tijd	Info
103	wt	2 <b>Annick van der Woude</b>	DN4	1:26.99	1:29.74	
	rd	76 <b>Tess ten Dolle</b>	DN2	1:28.96	DQ	
		<b>Annick van der Woude</b>				<b>Tess ten Dolle</b>
		200m	20.95	(20.95)		
		600m	54.08	(33.13)		
		1000m	1:29.74	(35.66)		

		Naam	Cat	PR	Tijd	Info
104	gl	84 <b>Bente Moller</b>	DN1	1:26.82	1:26.75	PR
	bl	28 <b>Esther Withagen</b>	DN1	1:23.26	1:26.78	
		<b>Bente Moller</b>				<b>Esther Withagen</b>
		200m	20.48	(20.48)	200m	20.45 (20.45)
		600m	52.25	(31.77)	600m	51.88 (31.43)
		1000m	1:26.75	(34.50)	1000m	1:26.78 (34.90)

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## 9. Uitslag Heren 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	85 Wester Landman	HN3	130	O	1:56.96		
2	72 Colin Schrijver	HSA	130	I	1:57.28		
3	49 Danny Heijkoop	HN4	129	O	2:00.45		
4	90 Jens Klootwijk	HN2	129	I	2:01.26		
5	88 Mark Withagen	HN1	127	I	2:02.27		
6	66 Donald Stappenbelt	HN2	128	O	2:03.41		
7	68 Lasse Hiddink	HSA	128	I	2:03.55		
8	64 Udo van der Wier	HN2	125	O	2:04.53		
9	15 Arthur Zijlstra	HN3	127	O	2:04.90	PR	
10	16 Florian Meijer	HSA	123	I	2:06.45		
	18 Stan Krewinkel	HSA	124	I	2:06.45	PR	
12	83 Tjibbe Moller	HA1	124	O	2:07.12	PR	
13	57 Daniël Kooyman	HSA	126	I	2:07.62		
14	14 Daan Voorhoeve	HSA	125	I	2:08.19	PR	
15	44 Yoran Nijenhuis	HSA	122	O	2:08.82		
16	65 Bram ten Berge	HA2	123	O	2:09.43		
17	30 Thomas Selles	HN3	126	O	2:12.30		
18	6 Peter van Buiten	HSA	121	O	2:13.82	PR	
19	4 Loek Hendriksen	HN4	122	I	2:14.45		
20	78 Thijs Buisman	HN1	120	O	2:15.04	PR	
21	81 Rens Hiddink	HN3	121	I	2:17.54		
22	9 Colin Koenderink	HN2	119	O	2:20.59	PR	
23	26 Ewout Vos	HN3	118	O	2:20.81	PR	
24	48 Harmen Nanninga	HSA	120	I	2:20.85		
25	54 Dirk Grimm	HSA	118	I	2:22.00		
26	12 Menno Brink	HSA	119	I	2:23.34		
27	20 Sybe Weening	HN4	117	O	2:23.50		
28	79 Jelmer de Hoop	HN4	117	I	2:23.57	PR	
29	86 Luc Dekker	HN4	115	O	2:25.74	PR	
30	42 Sven Paternotte	HSA	116	I	2:26.48	PR	
31	13 Floris Naber	HSA	115	I	2:27.38	PR	
32	67 Mats Verlaak	HSA	114	I	2:28.51	PR	
33	1 Lars Huiting	HN3	114	O	2:29.60	PR	
34	61 Jesper Kussendrager	HSA	116	O	2:30.12		
35	31 Sytse Veersma	HSA	110	I	2:33.06	PR	
36	33 Jelte van der Zwaag	HN2	113	I	2:37.07		
37	51 Teun Zwanenburg	HN1	113	O	2:37.59		
38	22 Cas Smeets	HSA	112	O	2:42.75	PR	

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Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	59 Stan Rolfes	HN3	111	O	2:43.98		
40	11 Hasin Ayari	HN3	111	I	2:45.28	PR	
41	89 Jelmer Venema	HN3	112	I	2:50.69	PR	
42	27 Rense Uitenbroek	HSA	110	O	2:52.83	PR	
43	39 Zevus Janssen	HSA	109	I	2:57.19	PR	
44	93 Joost Adams	HSA	109	O	3:08.79		
45	36 Thomas Hanhart	HSA	108	O	3:09.71		
46	69 Roel Hoogeveen	HN3	107	I	3:49.65	PR	
	92 Bernard den Boogert	HN1	108	I		DQ	

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## 9. Rituitslag Heren 1500 meter

	Naam	Cat	PR	Tijd	Info
105	wt rd				
	m	m			

	Naam	Cat	PR	Tijd	Info
106	gl bl				
	m	m			

	Naam	Cat	PR	Tijd	Info
107	wt rd	69 <b>Roel Hoogeveen</b>	HN3	4:08.30	3:49.65 PR
		<b>Roel Hoogeveen</b>			
		300m	44.80 (44.80)	m	
		700m	1:44.10 (59.30)		
		1100m	2:47.33 (63.23)		
		1500m	3:49.65 (62.32)		

	Naam	Cat	PR	Tijd	Info
108	gl bl	92 <b>Bernard den Boogert</b>	HN1		DQ
		36 <b>Thomas Hanhart</b>	HSA	2:49.41	3:09.71
		<b>Bernard den Boogert</b>			
		300m	38.26 (38.26)		
		700m	1:25.44 (47.18)		
		1100m	2:12.41 (46.97)		
		1500m	2:59.42 (47.01)		
		<b>Thomas Hanhart</b>			
		300m	36.94 (36.94)		
		700m	1:25.18 (48.24)		
		1100m	2:17.34 (52.16)		
		1500m	3:09.71 (52.37)		

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		Naam	Cat		PR	Tijd	Info
109	wt	39 <b>Zevus Janssen</b>	HSA		2:57.36	2:57.19	PR
	rd	93 <b>Joost Adams</b>	HSA			3:08.79	
		<b>Zevus Janssen</b>		<b>Joost Adams</b>			
		300m	33.03	(33.03)	300m	39.32	(39.32)
		700m	1:16.50	(43.47)	700m	1:27.69	(48.37)
		1100m	2:05.29	(48.79)	1100m	2:18.11	(50.42)
		1500m	2:57.19	(51.90)	1500m	3:08.79	(50.68)
		Naam	Cat		PR	Tijd	Info
110	gl	31 <b>Sytse Veersma</b>	HSA		2:47.53	2:33.06	PR
	bl	27 <b>Rense Uitenbroek</b>	HSA		2:58.08	2:52.83	PR
		<b>Sytse Veersma</b>		<b>Rense Uitenbroek</b>			
		300m	30.99	(30.99)	300m	37.19	(37.19)
		700m	1:08.64	(37.65)	700m	1:21.55	(44.36)
		1100m	1:49.68	(41.04)	1100m	2:07.13	(45.58)
		1500m	2:33.06	(43.38)	1500m	2:52.83	(45.70)
		Naam	Cat		PR	Tijd	Info
111	wt	11 <b>Hasin Ayari</b>	HN3		2:47.40	2:45.28	PR
	rd	59 <b>Stan Rolfes</b>	HN3			2:43.98	
		<b>Hasin Ayari</b>		<b>Stan Rolfes</b>			
		300m	32.85	(32.85)	300m	34.43	(34.43)
		700m	1:13.84	(40.99)	700m	1:15.50	(41.07)
		1100m	1:58.43	(44.59)	1100m	1:59.40	(43.90)
		1500m	2:45.28	(46.85)	1500m	2:43.98	(44.58)
		Naam	Cat		PR	Tijd	Info
112	gl	89 <b>Jelmer Venema</b>	HN3		2:55.39	2:50.69	PR
	bl	22 <b>Cas Smeets</b>	HSA		2:59.19	2:42.75	PR
		<b>Jelmer Venema</b>		<b>Cas Smeets</b>			
		300m	36.17	(36.17)	300m	34.44	(34.44)
		700m	1:17.97	(41.80)	700m	1:15.27	(40.83)
		1100m	2:03.57	(45.60)	1100m	1:58.12	(42.85)
		1500m	2:50.69	(47.12)	1500m	2:42.75	(44.63)

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		Naam			Cat	PR	Tijd	Info
113	wt	33	<b>Jelte van der Zwaag</b>		HN2		2:37.07	
	rd	51	<b>Teun Zwanenburg</b>		HN1		2:37.59	
		<b>Jelte van der Zwaag</b>			<b>Teun Zwanenburg</b>			
		300m	34.86	(34.86)	300m	33.66	(33.66)	
		700m	1:15.58	(40.72)	700m	1:13.41	(39.75)	
		1100m	1:56.31	(40.73)	1100m	1:54.93	(41.52)	
		1500m	2:37.07	(40.76)	1500m	2:37.59	(42.66)	
		Naam			Cat	PR	Tijd	Info
114	gl	67	<b>Mats Verlaak</b>		HSA	2:34.57	2:28.51	PR
	bl	1	<b>Lars Huiting</b>		HN3	2:34.09	2:29.60	PR
		<b>Mats Verlaak</b>			<b>Lars Huiting</b>			
		300m	32.45	(32.45)	300m	30.54	(30.54)	
		700m	1:10.27	(37.82)	700m	1:06.66	(36.12)	
		1100m	1:49.62	(39.35)	1100m	1:46.71	(40.05)	
		1500m	2:28.51	(38.89)	1500m	2:29.60	(42.89)	
		Naam			Cat	PR	Tijd	Info
115	wt	13	<b>Floris Naber</b>		HSA	2:42.63	2:27.38	PR
	rd	86	<b>Luc Dekker</b>		HN4	2:27.19	2:25.74	PR
		<b>Floris Naber</b>			<b>Luc Dekker</b>			
		300m	32.50	(32.50)	300m	32.19	(32.19)	
		700m	1:09.64	(37.14)	700m	1:09.45	(37.26)	
		1100m	1:48.06	(38.42)	1100m	1:47.98	(38.53)	
		1500m	2:27.38	(39.32)	1500m	2:25.74	(37.76)	
		Naam			Cat	PR	Tijd	Info
116	gl	42	<b>Sven Paternotte</b>		HSA	2:28.90	2:26.48	PR
	bl	61	<b>Jesper Kussendrager</b>		HSA	2:26.69	2:30.12	
		<b>Sven Paternotte</b>			<b>Jesper Kussendrager</b>			
		300m	31.18	(31.18)	300m	31.03	(31.03)	
		700m	1:06.96	(35.78)	700m	1:06.93	(35.90)	
		1100m	1:45.55	(38.59)	1100m	1:46.96	(40.03)	
		1500m	2:26.48	(40.93)	1500m	2:30.12	(43.16)	

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		Naam			Cat	PR	Tijd	Info
117	wt	79	<b>Jelmer de Hoop</b>		HN4	2:27.78	2:23.57	PR
	rd	20	<b>Sybe Weening</b>		HN4	2:22.13	2:23.50	
		<b>Jelmer de Hoop</b>			<b>Sybe Weening</b>			
		300m	30.22	(30.22)	300m	29.60	(29.60)	
		700m	1:06.09	(35.87)	700m	1:05.41	(35.81)	
		1100m	1:43.92	(37.83)	1100m	1:43.97	(38.56)	
		1500m	2:23.57	(39.65)	1500m	2:23.50	(39.53)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
118	gl	54	<b>Dirk Grimm</b>		HSA	2:18.23	2:22.00	
	bl	26	<b>Ewout Vos</b>		HN3	2:30.24	2:20.81	PR
		<b>Dirk Grimm</b>			<b>Ewout Vos</b>			
		300m	31.17	(31.17)	300m	30.88	(30.88)	
		700m	1:06.46	(35.29)	700m	1:06.22	(35.34)	
		1100m	1:43.32	(36.86)	1100m	1:43.58	(37.36)	
		1500m	2:22.00	(38.68)	1500m	2:20.81	(37.23)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
119	wt	12	<b>Menno Brink</b>		HSA		2:23.34	
	rd	9	<b>Colin Koenderink</b>		HN2	2:27.09	2:20.59	PR
		<b>Menno Brink</b>			<b>Colin Koenderink</b>			
		300m	30.42	(30.42)	300m	29.54	(29.54)	
		700m	1:05.67	(35.25)	700m	1:04.77	(35.23)	
		1100m	1:43.53	(37.86)	1100m	1:42.42	(37.65)	
		1500m	2:23.34	(39.81)	1500m	2:20.59	(38.17)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
120	gl	48	<b>Harmen Nanninga</b>		HSA		2:20.85	
	bl	78	<b>Thijs Buisman</b>		HN1	2:15.88	2:15.04	PR
		<b>Harmen Nanninga</b>			<b>Thijs Buisman</b>			
		300m	29.78	(29.78)	300m	28.02	(28.02)	
		700m	1:04.48	(34.70)	700m	1:00.80	(32.78)	
		1100m	1:41.73	(37.25)	1100m	1:36.05	(35.25)	
		1500m	2:20.85	(39.12)	1500m	2:15.04	(38.99)	

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		Naam	Cat	PR	Tijd	Info
121	wt	81 <b>Rens Hiddink</b>	HN3	2:15.43	2:17.54	
	rd	6 <b>Peter van Buiten</b>	HSA	2:14.12	2:13.82	PR
		<b>Rens Hiddink</b>				
		300m	29.65 (29.65)			
		700m	1:04.47 (34.82)			
		1100m	1:40.62 (36.15)			
		1500m	2:17.54 (36.92)			
		<b>Peter van Buiten</b>				
		300m	28.36 (28.36)			
		700m	1:02.30 (33.94)			
		1100m	1:38.16 (35.86)			
		1500m	2:13.82 (35.66)			
<hr/>						
		Naam	Cat	PR	Tijd	Info
122	gl	4 <b>Loek Hendriksen</b>	HN4	2:11.16	2:14.45	
	bl	44 <b>Yoran Nijenhuis</b>	HSA	2:04.37	2:08.82	
		<b>Loek Hendriksen</b>				
		300m	27.79 (27.79)			
		700m	59.43 (31.64)			
		1100m	1:35.07 (35.64)			
		1500m	2:14.45 (39.38)			
		<b>Yoran Nijenhuis</b>				
		300m	27.23 (27.23)			
		700m	58.95 (31.72)			
		1100m	1:32.67 (33.72)			
		1500m	2:08.82 (36.15)			
<hr/>						
		Naam	Cat	PR	Tijd	Info
123	wt	16 <b>Florian Meijer</b>	HSA	2:02.75	2:06.45	
	rd	65 <b>Bram ten Berge</b>	HA2	2:02.30	2:09.43	
		<b>Florian Meijer</b>				
		300m	27.19 (27.19)			
		700m	57.46 (30.27)			
		1100m	1:30.59 (33.13)			
		1500m	2:06.45 (35.86)			
		<b>Bram ten Berge</b>				
		300m	27.37 (27.37)			
		700m	59.55 (32.18)			
		1100m	1:33.62 (34.07)			
		1500m	2:09.43 (35.81)			
<hr/>						
		Naam	Cat	PR	Tijd	Info
124	gl	18 <b>Stan Krewinkel</b>	HSA	2:07.96	2:06.45	PR
	bl	83 <b>Tjibbe Moller</b>	HA1	2:08.46	2:07.12	PR
		<b>Stan Krewinkel</b>				
		300m	27.42 (27.42)			
		700m	58.67 (31.25)			
		1100m	1:31.84 (33.17)			
		1500m	2:06.45 (34.61)			
		<b>Tjibbe Moller</b>				
		300m	26.99 (26.99)			
		700m	57.64 (30.65)			
		1100m	1:31.14 (33.50)			
		1500m	2:07.12 (35.98)			

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		Naam	Cat	PR	Tijd	Info
125	wt	14 <b>Daan Voorhoeve</b>	HSA	2:09.24	2:08.19	PR
	rd	64 <b>Udo van der Wier</b>	HN2	2:02.00	2:04.53	
		<b>Daan Voorhoeve</b>			<b>Udo van der Wier</b>	
		300m	27.24 (27.24)	300m	26.81 (26.81)	
		700m	58.83 (31.59)	700m	56.66 (29.85)	
		1100m	1:32.42 (33.59)	1100m	1:28.90 (32.24)	
		1500m	2:08.19 (35.77)	1500m	2:04.53 (35.63)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
126	gl	57 <b>Daniël Kooyman</b>	HSA	2:03.46	2:07.62	
	bl	30 <b>Thomas Selles</b>	HN3	2:00.39	2:12.30	
		<b>Daniël Kooyman</b>			<b>Thomas Selles</b>	
		300m	26.83 (26.83)	300m	26.48 (26.48)	
		700m	58.14 (31.31)	700m	57.66 (31.18)	
		1100m	1:31.74 (33.60)	1100m	1:32.99 (35.33)	
		1500m	2:07.62 (35.88)	1500m	2:12.30 (39.31)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
127	wt	88 <b>Mark Withagen</b>	HN1	1:58.07	2:02.27	
	rd	15 <b>Arthur Zijlstra</b>	HN3	2:04.92	2:04.90	PR
		<b>Mark Withagen</b>			<b>Arthur Zijlstra</b>	
		300m	25.95 (25.95)	300m	26.73 (26.73)	
		700m	55.58 (29.63)	700m	57.25 (30.52)	
		1100m	1:27.65 (32.07)	1100m	1:30.19 (32.94)	
		1500m	2:02.27 (34.62)	1500m	2:04.90 (34.71)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
128	gl	68 <b>Lasse Hiddink</b>	HSA	1:51.41	2:03.55	
	bl	66 <b>Donald Stappenbelt</b>	HN2	1:55.00	2:03.41	
		<b>Lasse Hiddink</b>			<b>Donald Stappenbelt</b>	
		300m	26.97 (26.97)	300m	26.30 (26.30)	
		700m	57.73 (30.76)	700m	56.17 (29.87)	
		1100m	1:30.41 (32.68)	1100m	1:28.68 (32.51)	
		1500m	2:03.55 (33.14)	1500m	2:03.41 (34.73)	

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		Naam			Cat			PR	Tijd	Info
129	wt	90	<b>Jens Klootwijk</b>		HN2			1:59.46	2:01.26	
	rd	49	<b>Danny Heijkoop</b>		HN4			1:58.07	2:00.45	
		<b>Jens Klootwijk</b>			<b>Danny Heijkoop</b>					
		300m	26.37	(26.37)	300m	25.90	(25.90)			
		700m	55.47	(29.10)	700m	55.53	(29.63)			
		1100m	1:27.18	(31.71)	1100m	1:27.16	(31.63)			
		1500m	2:01.26	(34.08)	1500m	2:00.45	(33.29)			
<hr/>										
		Naam			Cat			PR	Tijd	Info
130	gl	72	<b>Colin Schrijver</b>		HSA			1:53.74	1:57.28	
	bl	85	<b>Wester Landman</b>		HN3			1:55.57	1:56.96	
		<b>Colin Schrijver</b>			<b>Wester Landman</b>					
		300m	25.52	(25.52)	300m	25.62	(25.62)			
		700m	53.99	(28.47)	700m	54.30	(28.68)			
		1100m	1:24.24	(30.25)	1100m	1:24.58	(30.28)			
		1500m	1:57.28	(33.04)	1500m	1:56.96	(32.38)			

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## 13. Uitslag Dames 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	84 Bente Moller	DN1	138	O	4:48.52		
2	2 Annick van der Woude	DN4	137	I	4:53.71		
3	47 Hiltje Gerritsma	DSA	136	O	4:56.33	PR	
4	28 Esther Withagen	DN1	138	I	5:01.88		
5	34 Marleen de Boer	DN3	134	I	5:09.34		
6	56 Sonia Schipper	DSA	136	I	5:10.65	PR	
7	73 Alessandra Primavera	DSA	135	O	5:12.22		
8	82 Aniek Hesselink	DN2	133	I	5:13.43		
9	58 Eeke Weenink	DN1	134	O	5:14.38		
10	62 Lieve Bunt	DA2	137	O	5:17.60		
11	53 Anne Schermer	DN2	135	I	5:17.61	PR	
12	38 Amélie Coremans	DN3	133	O	5:25.04	PR	
13	80 Saline Verkerk	DN4	131	O	5:36.60	PR	
14	94 Robin Geesken	DSA	132	I	5:44.81		
15	19 Geanne Stol	DN1	132	O	5:55.24		
	71 Rosanne van der Post	DSA	131	I	DNF		

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## 13. Rituitslag Dames 3000 meter

		Naam		Cat		PR		Tijd	Info
131	wt	71	<b>Rosanne van der Post</b>		DSA			5:54.42	DNF
	rd	80	<b>Saline Verkerk</b>		DN4			5:48.55	5:36.60 PR
		<b>Rosanne van der Post</b>			<b>Saline Verkerk</b>				
		200m	24.96	(24.96)	200m	26.48	(26.48)		
		600m	1:05.46	(40.50)	600m	1:08.83	(42.35)		
					1000m	1:52.31	(43.48)		
					1400m	2:36.91	(44.60)		
					1800m	3:21.35	(44.44)		
					2200m	4:06.43	(45.08)		
					2600m	4:51.44	(45.01)		
					3000m	5:36.60	(45.16)		

		Naam		Cat		PR		Tijd	Info
132	gl	94	<b>Robin Geesken</b>		DSA			5:34.19	5:44.81
	bl	19	<b>Geanne Stol</b>		DN1			5:33.01	5:55.24
		<b>Robin Geesken</b>			<b>Geanne Stol</b>				
		200m	26.93	(26.93)	200m	26.66	(26.66)		
		600m	1:09.84	(42.91)	600m	1:08.38	(41.72)		
		1000m	1:54.42	(44.58)	1000m	1:52.69	(44.31)		
		1400m	2:40.15	(45.73)	1400m	2:37.82	(45.13)		
		1800m	3:26.96	(46.81)	1800m	3:24.39	(46.57)		
		2200m	4:13.51	(46.55)	2200m	4:08.80	(44.41)		
		2600m	4:59.73	(46.22)	2600m	5:09.24	(60.44)		
		3000m	5:44.81	(45.08)	3000m	5:55.24	(46.00)		

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		Naam			Cat			PR	Tijd	Info
133	wt	82	<b>Aniek Hesselink</b>		DN2			5:07.90	5:13.43	
	rd	38	<b>Amélie Coremans</b>		DN3			5:28.53	5:25.04	PR
		<b>Aniek Hesselink</b>			<b>Amélie Coremans</b>					
		200m	24.03	(24.03)	200m	24.35	(24.35)			
		600m	1:02.42	(38.39)	600m	1:02.24	(37.89)			
		1000m	1:41.79	(39.37)	1000m	1:42.95	(40.71)			
		1400m	2:22.74	(40.95)	1400m	2:25.29	(42.34)			
		1800m	3:04.56	(41.82)	1800m	3:08.90	(43.61)			
		2200m	3:47.25	(42.69)	2200m	3:53.85	(44.95)			
		2600m	4:30.35	(43.10)	2600m	4:39.42	(45.57)			
		3000m	5:13.43	(43.08)	3000m	5:25.04	(45.62)			

		Naam			Cat			PR	Tijd	Info
134	gl	34	<b>Marleen de Boer</b>		DN3			5:02.23	5:09.34	
	bl	58	<b>Eeke Weenink</b>		DN1			5:05.46	5:14.38	
		<b>Marleen de Boer</b>			<b>Eeke Weenink</b>					
		200m	24.05	(24.05)	200m	23.83	(23.83)			
		600m	1:02.62	(38.57)	600m	1:02.71	(38.88)			
		1000m	1:41.90	(39.28)	1000m	1:42.45	(39.74)			
		1400m	2:22.69	(40.79)	1400m	2:22.73	(40.28)			
		1800m	3:04.41	(41.72)	1800m	3:04.27	(41.54)			
		2200m	3:46.26	(41.85)	2200m	3:46.71	(42.44)			
		2600m	4:27.68	(41.42)	2600m	4:30.07	(43.36)			
		3000m	5:09.34	(41.66)	3000m	5:14.38	(44.31)			

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IJsbaan Twente - Enschede  
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		Naam			Cat			PR	Tijd	Info
135	wt	53	<b>Anne Schermer</b>		DN2			6:03.81	5:17.61	PR
	rd	73	<b>Alessandra Primavera</b>		DSA			4:40.95	5:12.22	
		<b>Anne Schermer</b>						<b>Alessandra Primavera</b>		
		200m	24.29	(24.29)	200m	23.56	(23.56)			
		600m	1:03.53	(39.24)	600m	1:01.80	(38.24)			
		1000m	1:45.18	(41.65)	1000m	1:42.52	(40.72)			
		1400m	2:27.23	(42.05)	1400m	2:24.35	(41.83)			
		1800m	3:09.52	(42.29)	1800m	3:05.68	(41.33)			
		2200m	3:52.20	(42.68)	2200m	3:47.55	(41.87)			
		2600m	4:35.02	(42.82)	2600m	4:30.14	(42.59)			
		3000m	5:17.61	(42.59)	3000m	5:12.22	(42.08)			

		Naam			Cat			PR	Tijd	Info
136	gl	56	<b>Sonia Schipper</b>		DSA			5:22.93	5:10.65	PR
	bl	47	<b>Hiltje Gerritsma</b>		DSA			4:57.86	4:56.33	PR
		<b>Sonia Schipper</b>						<b>Hiltje Gerritsma</b>		
		200m	24.32	(24.32)	200m	24.68	(24.68)			
		600m	1:02.03	(37.71)	600m	1:01.59	(36.91)			
		1000m	1:40.71	(38.68)	1000m	1:39.29	(37.70)			
		1400m	2:21.00	(40.29)	1400m	2:18.11	(38.82)			
		1800m	3:02.38	(41.38)	1800m	2:57.68	(39.57)			
		2200m	3:44.71	(42.33)	2200m	3:37.74	(40.06)			
		2600m	4:27.67	(42.96)	2600m	4:17.32	(39.58)			
		3000m	5:10.65	(42.98)	3000m	4:56.33	(39.01)			

# NSK Allround

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		Naam			Cat			PR	Tijd	Info
137	wt	2	<b>Annick van der Woude</b>		DN4			4:49.09	4:53.71	
	rd	62	<b>Lieve Bunt</b>		DA2			5:11.01	5:17.60	
		<b>Annick van der Woude</b>				<b>Lieve Bunt</b>				
		200m	22.46	(22.46)	200m	22.88	(22.88)			
		600m	59.27	(36.81)	600m	1:02.46	(39.58)			
		1000m	1:37.11	(37.84)	1000m	1:43.82	(41.36)			
		1400m	2:15.55	(38.44)	1400m	2:26.45	(42.63)			
		1800m	2:54.87	(39.32)	1800m	3:09.48	(43.03)			
		2200m	3:34.24	(39.37)	2200m	3:53.31	(43.83)			
		2600m	4:13.78	(39.54)	2600m	4:37.95	(44.64)			
		3000m	4:53.71	(39.93)	3000m	5:17.60	(39.65)			

		Naam			Cat			PR	Tijd	Info
138	gl	28	<b>Esther Withagen</b>		DN1			4:57.79	5:01.88	
	bl	84	<b>Bente Moller</b>		DN1			4:46.16	4:48.52	
		<b>Esther Withagen</b>				<b>Bente Moller</b>				
		200m	21.28	(21.28)	200m	21.43	(21.43)			
		600m	56.66	(35.38)	600m	55.11	(33.68)			
		1000m	1:34.79	(38.13)	1000m	1:31.01	(35.90)			
		1400m	2:15.27	(40.48)	1400m	2:08.28	(37.27)			
		1800m	2:56.76	(41.49)	1800m	2:46.89	(38.61)			
		2200m	3:38.95	(42.19)	2200m	3:26.65	(39.76)			
		2600m	4:21.02	(42.07)	2600m	4:07.22	(40.57)			
		3000m	5:01.88	(40.86)	3000m	4:48.52	(41.30)			

# NSK Allround

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## 15. Uitslag Heren 5000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	72 Colin Schrijver	HSA	143	O	7:06.01	PR	
2	85 Wester Landman	HN3	143	I	7:15.61		
3	90 Jens Klootwijk	HN2	142	I	7:29.34		
4	68 Lasse Hiddink	HSA	141	O	7:29.69		
5	49 Danny Heijkoop	HN4	142	O	7:30.46	PR	
6	15 Arthur Zijlstra	HN3	140	I	7:38.57	PR	
7	88 Mark Withagen	HN1	141	I	7:38.82	PR	
8	57 Daniël Kooyman	HSA	139	O	7:59.86		
9	64 Udo van der Wier	HN2	140	O	8:01.93	PR	
10	83 Tjibbe Moller	HA1	138	O	8:07.31		
11	18 Stan Krewinkel	HSA	138	I	8:11.94	PR	
12	65 Bram ten Berge	HA2	136	I	8:12.34		
13	14 Daan Voorhoeve	HSA	139	I	8:15.03	PR	
14	6 Peter van Buiten	HSA	137	O	8:15.99		
15	44 Yoran Nijenhuis	HSA	137	I	8:19.86	PR	
16	81 Rens Hiddink	HN3	134	O	8:27.20		
17	4 Loek Hendriksen	HN4	136	O	8:33.53		
18	9 Colin Koenderink	HN2	134	I	8:33.61	PR	
19	48 Harmen Nanninga	HSA	135	I	8:44.38		
20	78 Thijs Buisman	HN1	135	O	8:46.03		
21	79 Jelmer de Hoop	HN4	133	I	8:47.63		
22	12 Menno Brink	HSA	133	O	8:59.95		
23	26 Ewout Vos	HN3	132	I	9:07.40		
24	20 Sybe Weening	HN4	132	O	9:23.15	PR	

# NSK Allround

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## 15. Rituitslag Heren 5000 meter

		Naam		Cat		PR		Tijd	Info
132	wt	26	<b>Ewout Vos</b>		HN3			9:07.40	
	rd	20	<b>Sybe Weening</b>		HN4	9:27.55		9:23.15	PR
		<b>Ewout Vos</b>			<b>Sybe Weening</b>				
		200m	24.95	(24.95)	200m	23.63	(23.63)		
		600m	1:05.62	(40.67)	600m	1:05.04	(41.41)		
		1000m	1:48.57	(42.95)	1000m	1:49.90	(44.86)		
		1400m	2:33.03	(44.46)	1400m	2:34.67	(44.77)		
		1800m	3:17.58	(44.55)	1800m	3:19.59	(44.92)		
		2200m	4:02.30	(44.72)	2200m	4:05.42	(45.83)		
		2600m	4:47.48	(45.18)	2600m	4:52.03	(46.61)		
		3000m	5:32.01	(44.53)	3000m	5:38.74	(46.71)		
		3400m	6:15.79	(43.78)	3400m	6:25.54	(46.80)		
		3800m	7:00.71	(44.92)	3800m	7:10.48	(44.94)		
		4200m	7:44.98	(44.27)	4200m	7:55.22	(44.74)		
		4600m	8:28.13	(43.15)	4600m	8:39.61	(44.39)		
		5000m	9:07.40	(39.27)	5000m	9:23.15	(43.54)		

		Naam		Cat		PR		Tijd	Info
133	gl	79	<b>Jelmer de Hoop</b>		HN4			8:47.63	
	bl	12	<b>Menno Brink</b>		HSA			8:59.95	
		<b>Jelmer de Hoop</b>			<b>Menno Brink</b>				
		200m	24.21	(24.21)	200m	26.15	(26.15)		
		600m	1:03.88	(39.67)	600m	1:07.65	(41.50)		
		1000m	1:44.18	(40.30)	1000m	1:49.68	(42.03)		
		1400m	2:25.72	(41.54)	1400m	2:32.11	(42.43)		
		1800m	3:07.25	(41.53)	1800m	3:15.23	(43.12)		
		2200m	3:48.83	(41.58)	2200m	3:58.36	(43.13)		
		2600m	4:30.59	(41.76)	2600m	4:41.10	(42.74)		
		3000m	5:12.40	(41.81)	3000m	5:23.84	(42.74)		
		3400m	5:54.26	(41.86)	3400m	6:06.59	(42.75)		
		3800m	6:37.59	(43.33)	3800m	6:50.02	(43.43)		
		4200m	7:21.20	(43.61)	4200m	7:33.12	(43.10)		
		4600m	8:04.52	(43.32)	4600m	8:16.98	(43.86)		
		5000m	8:47.63	(43.11)	5000m	8:59.95	(42.97)		

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		Naam			Cat	PR	Tijd	Info
134	wt	9	<b>Colin Koenderink</b>		HN2	9:15.93	8:33.61	PR
	rd	81	<b>Rens Hiddink</b>		HN3		8:27.20	
		<b>Colin Koenderink</b>			<b>Rens Hiddink</b>			
		200m	23.06	(23.06)	200m	23.30	(23.30)	
		600m	1:01.65	(38.59)	600m	1:02.49	(39.19)	
		1000m	1:41.81	(40.16)	1000m	1:41.77	(39.28)	
		1400m	2:22.75	(40.94)	1400m	2:21.26	(39.49)	
		1800m	3:03.76	(41.01)	1800m	3:02.24	(40.98)	
		2200m	3:44.92	(41.16)	2200m	3:42.64	(40.40)	
		2600m	4:26.28	(41.36)	2600m	4:23.68	(41.04)	
		3000m	5:08.02	(41.74)	3000m	5:04.01	(40.33)	
		3400m	5:49.89	(41.87)	3400m	5:45.09	(41.08)	
		3800m	6:31.52	(41.63)	3800m	6:26.57	(41.48)	
		4200m	7:12.59	(41.07)	4200m	7:07.62	(41.05)	
		4600m	7:53.50	(40.91)	4600m	7:47.99	(40.37)	
		5000m	8:33.61	(40.11)	5000m	8:27.20	(39.21)	

		Naam			Cat	PR	Tijd	Info
135	gl	48	<b>Harmen Nanninga</b>		HSA		8:44.38	
	bl	78	<b>Thijs Buisman</b>		HN1		8:46.03	
		<b>Harmen Nanninga</b>			<b>Thijs Buisman</b>			
		200m	22.34	(22.34)	200m	23.32	(23.32)	
		600m	1:01.55	(39.21)	600m	1:02.14	(38.82)	
		1000m	1:41.64	(40.09)	1000m	1:42.39	(40.25)	
		1400m	2:23.32	(41.68)	1400m	2:23.09	(40.70)	
		1800m	3:04.42	(41.10)	1800m	3:04.70	(41.61)	
		2200m	3:46.49	(42.07)	2200m	3:46.43	(41.73)	
		2600m	4:28.48	(41.99)	2600m	4:29.25	(42.82)	
		3000m	5:11.15	(42.67)	3000m	5:12.02	(42.77)	
		3400m	5:53.84	(42.69)	3400m	5:55.35	(43.33)	
		3800m	6:36.89	(43.05)	3800m	6:38.63	(43.28)	
		4200m	7:19.85	(42.96)	4200m	7:21.90	(43.27)	
		4600m	8:02.71	(42.86)	4600m	8:04.85	(42.95)	
		5000m	8:44.38	(41.67)	5000m	8:46.03	(41.18)	

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		Naam			Cat			PR	Tijd	Info
136	wt	65	<b>Bram ten Berge</b>		HA2				8:12.34	
	rd	4	<b>Loek Hendriksen</b>		HN4			8:21.10	8:33.53	
		<b>Bram ten Berge</b>			<b>Loek Hendriksen</b>					
		200m	21.63	(21.63)	200m	23.58	(23.58)			
		600m	1:00.94	(39.31)	600m	1:03.16	(39.58)			
		1000m	1:39.73	(38.79)	1000m	1:43.25	(40.09)			
		1400m	2:19.40	(39.67)	1400m	2:23.72	(40.47)			
		1800m	2:58.38	(38.98)	1800m	3:04.37	(40.65)			
		2200m	3:37.76	(39.38)	2200m	3:45.57	(41.20)			
		2600m	4:17.06	(39.30)	2600m	4:27.03	(41.46)			
		3000m	4:56.29	(39.23)	3000m	5:08.88	(41.85)			
		3400m	5:35.43	(39.14)	3400m	5:49.53	(40.65)			
		3800m	6:14.71	(39.28)	3800m	6:30.13	(40.60)			
		4200m	6:53.80	(39.09)	4200m	7:10.59	(40.46)			
		4600m	7:33.11	(39.31)	4600m	7:52.54	(41.95)			
		5000m	8:12.34	(39.23)	5000m	8:33.53	(40.99)			

		Naam			Cat			PR	Tijd	Info
137	gl	44	<b>Yoran Nijenhuis</b>		HSA			8:23.97	8:19.86	PR
	bl	6	<b>Peter van Buiten</b>		HSA				8:15.99	
		<b>Yoran Nijenhuis</b>			<b>Peter van Buiten</b>					
		200m	22.06	(22.06)	200m	21.95	(21.95)			
		600m	1:00.55	(38.49)	600m	59.00	(37.05)			
		1000m	1:40.13	(39.58)	1000m	1:39.97	(40.97)			
		1400m	2:20.09	(39.96)	1400m	2:19.48	(39.51)			
		1800m	2:59.29	(39.20)	1800m	2:59.07	(39.59)			
		2200m	3:39.60	(40.31)	2200m	3:38.80	(39.73)			
		2600m	4:19.11	(39.51)	2600m	4:19.34	(40.54)			
		3000m	4:59.04	(39.93)	3000m	4:58.58	(39.24)			
		3400m	5:38.38	(39.34)	3400m	5:38.43	(39.85)			
		3800m	6:18.40	(40.02)	3800m	6:17.62	(39.19)			
		4200m	6:58.35	(39.95)	4200m	6:57.64	(40.02)			
		4600m	7:38.64	(40.29)	4600m	7:37.18	(39.54)			
		5000m	8:19.86	(41.22)	5000m	8:15.99	(38.81)			

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Ijsbaan Twente - Enschede  
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		Naam			Cat	PR	Tijd	Info
138	wt	18	<b>Stan Krewinkel</b>		HSA	8:25.22	8:11.94	PR
	rd	83	<b>Tjibbe Moller</b>		HA1		8:07.31	
		<b>Stan Krewinkel</b>			<b>Tjibbe Moller</b>			
		200m	21.89	(21.89)	200m	21.98	(21.98)	
		600m	57.84	(35.95)	600m	59.52	(37.54)	
		1000m	1:35.06	(37.22)	1000m	1:38.32	(38.80)	
		1400m	2:12.95	(37.89)	1400m	2:17.26	(38.94)	
		1800m	2:51.46	(38.51)	1800m	2:56.14	(38.88)	
		2200m	3:30.71	(39.25)	2200m	3:34.96	(38.82)	
		2600m	4:09.59	(38.88)	2600m	4:13.62	(38.66)	
		3000m	4:49.07	(39.48)	3000m	4:52.38	(38.76)	
		3400m	5:28.89	(39.82)	3400m	5:31.39	(39.01)	
		3800m	6:08.94	(40.05)	3800m	6:10.49	(39.10)	
		4200m	6:49.50	(40.56)	4200m	6:50.27	(39.78)	
		4600m	7:30.65	(41.15)	4600m	7:29.26	(38.99)	
		5000m	8:11.94	(41.29)	5000m	8:07.31	(38.05)	

		Naam			Cat	PR	Tijd	Info
139	gl	14	<b>Daan Voorhoeve</b>		HSA	8:47.28	8:15.03	PR
	bl	57	<b>Daniël Kooyman</b>		HSA	7:45.32	7:59.86	
		<b>Daan Voorhoeve</b>			<b>Daniël Kooyman</b>			
		200m	21.46	(21.46)	200m	22.37	(22.37)	
		600m	58.93	(37.47)	600m	59.23	(36.86)	
		1000m	1:36.87	(37.94)	1000m	1:36.56	(37.33)	
		1400m	2:15.23	(38.36)	1400m	2:13.42	(36.86)	
		1800m	2:53.40	(38.17)	1800m	2:50.79	(37.37)	
		2200m	3:32.47	(39.07)	2200m	3:28.47	(37.68)	
		2600m	4:11.60	(39.13)	2600m	4:06.01	(37.54)	
		3000m	4:50.97	(39.37)	3000m	4:44.19	(38.18)	
		3400m	5:30.85	(39.88)	3400m	5:22.78	(38.59)	
		3800m	6:11.17	(40.32)	3800m	6:01.93	(39.15)	
		4200m	6:52.27	(41.10)	4200m	6:41.46	(39.53)	
		4600m	7:33.45	(41.18)	4600m	7:20.80	(39.34)	
		5000m	8:15.03	(41.58)	5000m	7:59.86	(39.06)	

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		Naam			Cat	PR	Tijd	Info
140	wt	15	<b>Arthur Zijlstra</b>		HN3	7:54.41	7:38.57	PR
	rd	64	<b>Udo van der Wier</b>		HN2	8:18.26	8:01.93	PR
		<b>Arthur Zijlstra</b>			<b>Udo van der Wier</b>			
		200m	20.92	(20.92)	200m	22.33	(22.33)	
		600m	54.79	(33.87)	600m	57.44	(35.11)	
		1000m	1:29.89	(35.10)	1000m	1:34.61	(37.17)	
		1400m	2:05.79	(35.90)	1400m	2:11.37	(36.76)	
		1800m	2:41.90	(36.11)	1800m	2:48.10	(36.73)	
		2200m	3:18.42	(36.52)	2200m	3:25.61	(37.51)	
		2600m	3:54.83	(36.41)	2600m	4:03.81	(38.20)	
		3000m	4:31.54	(36.71)	3000m	4:42.64	(38.83)	
		3400m	5:08.68	(37.14)	3400m	5:22.52	(39.88)	
		3800m	5:45.83	(37.15)	3800m	6:02.90	(40.38)	
		4200m	6:23.71	(37.88)	4200m	6:43.22	(40.32)	
		4600m	7:01.12	(37.41)	4600m	7:22.84	(39.62)	
		5000m	7:38.57	(37.45)	5000m	8:01.93	(39.09)	

		Naam			Cat	PR	Tijd	Info
141	gl	88	<b>Mark Withagen</b>		HN1	8:05.37	7:38.82	PR
	bl	68	<b>Lasse Hiddink</b>		HSA	6:47.61	7:29.69	
		<b>Mark Withagen</b>			<b>Lasse Hiddink</b>			
		200m	20.59	(20.59)	200m	20.24	(20.24)	
		600m	54.67	(34.08)	600m	54.52	(34.28)	
		1000m	1:29.42	(34.75)	1000m	1:30.29	(35.77)	
		1400m	2:04.90	(35.48)	1400m	2:05.75	(35.46)	
		1800m	2:40.41	(35.51)	1800m	2:41.82	(36.07)	
		2200m	3:16.19	(35.78)	2200m	3:17.50	(35.68)	
		2600m	3:52.66	(36.47)	2600m	3:53.39	(35.89)	
		3000m	4:29.65	(36.99)	3000m	4:29.47	(36.08)	
		3400m	5:07.11	(37.46)	3400m	5:05.69	(36.22)	
		3800m	5:44.99	(37.88)	3800m	5:42.30	(36.61)	
		4200m	6:22.97	(37.98)	4200m	6:18.92	(36.62)	
		4600m	7:01.12	(38.15)	4600m	6:54.91	(35.99)	
		5000m	7:38.82	(37.70)	5000m	7:29.69	(34.78)	

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		Naam			Cat	PR	Tijd	Info
142	wt	90	<b>Jens Klootwijk</b>		HN2	7:26.62	7:29.34	
	rd	49	<b>Danny Heijkoop</b>		HN4	7:39.66	7:30.46	PR
		<b>Jens Klootwijk</b>			<b>Danny Heijkoop</b>			
		200m	20.81	(20.81)	200m	20.87	(20.87)	
		600m	53.68	(32.87)	600m	54.22	(33.35)	
		1000m	1:27.04	(33.36)	1000m	1:28.23	(34.01)	
		1400m	2:02.55	(35.51)	1400m	2:03.07	(34.84)	
		1800m	2:37.88	(35.33)	1800m	2:39.11	(36.04)	
		2200m	3:13.83	(35.95)	2200m	3:15.08	(35.97)	
		2600m	3:49.75	(35.92)	2600m	3:50.76	(35.68)	
		3000m	4:25.69	(35.94)	3000m	4:26.80	(36.04)	
		3400m	5:02.23	(36.54)	3400m	5:03.42	(36.62)	
		3800m	5:39.32	(37.09)	3800m	5:40.04	(36.62)	
		4200m	6:15.87	(36.55)	4200m	6:17.24	(37.20)	
		4600m	6:52.54	(36.67)	4600m	6:53.62	(36.38)	
		5000m	7:29.34	(36.80)	5000m	7:30.46	(36.84)	

		Naam			Cat	PR	Tijd	Info
143	gl	85	<b>Wester Landman</b>		HN3	7:06.10	7:15.61	
	bl	72	<b>Colin Schrijver</b>		HSA	7:14.24	7:06.01	PR
		<b>Wester Landman</b>			<b>Colin Schrijver</b>			
		200m	20.52	(20.52)	200m	20.26	(20.26)	
		600m	55.11	(34.59)	600m	53.24	(32.98)	
		1000m	1:30.03	(34.92)	1000m	1:27.20	(33.96)	
		1400m	2:04.36	(34.33)	1400m	2:01.50	(34.30)	
		1800m	2:38.75	(34.39)	1800m	2:35.61	(34.11)	
		2200m	3:13.01	(34.26)	2200m	3:09.89	(34.28)	
		2600m	3:47.29	(34.28)	2600m	3:44.03	(34.14)	
		3000m	4:21.36	(34.07)	3000m	4:17.99	(33.96)	
		3400m	4:55.27	(33.91)	3400m	4:51.78	(33.79)	
		3800m	5:29.39	(34.12)	3800m	5:25.18	(33.40)	
		4200m	6:04.01	(34.62)	4200m	5:58.36	(33.18)	
		4600m	6:39.38	(35.37)	4600m	6:31.93	(33.57)	
		5000m	7:15.61	(36.23)	5000m	7:06.01	(34.08)	